

Dayton's Bluff District Forum

Volume 28, No. 9
October 2015
daytonsbuffdistrictforum.org

"The Voice of the Community"



Nicole Pressley

Kipp Hedges, John Slade, and Trahern Crewes during a broadcast of *Slade for the East Side*.

WEQY is ON AIR

Carla Riehle
Forum Staff

With the flip of a switch, on August 21, WEQY-FM community radio was on the air for the first time. After two years of preparation, the station's first signals went out as part of the 7th Street Live celebration sponsored by the Dayton's Bluff Community Council.

WEQY has dubbed itself the "Voice of the East Side" because, like many of the low-power FM stations that have recently been authorized by the Federal Communications system, it is "hyperlocal." According to its vision statement:

WEQY envisions a socially, economically, and politically powerful East Side by capitalizing on its rich immigrant history and diverse communities. WEQY will serve the East Side as a community anchor, connecting and sparking dialogue across cultures and generations, educating the public, and broadcasting the voices of the East Side.

A recent article in the *East*

Side Review quoted Station Manager Brenda Reid expressing the hope that content will come from the "wide swath of ethnic groups present on the East Side, including Latinos, Hmong, Native Americans, African Americans, Somali people, Karen people and more."

At a frequency of 104.7 FM, the signal can be picked up throughout most of the East Side. The station's broadcast power is limited by the FCC to 100 watts — which is less than some residential light bulbs — so, depending on how close you are to the antenna at Johnson Parkway and East 7th, your signal will vary in strength. There are other variables in reception as well, such as whether the signal is blocked by a building or trees, or if you are located in a low elevation. These problems can often be addressed by adding a more powerful antenna to your radio.

Do you have an idea for a WEQY show? Suggestions for programming? Contact Brenda Reid at 651-621-2760 or brenda@daytonsbuff.org. And be sure to tune in to 104.7 FM.

MSU Work Service Day

Jodi Bantley

Special to the Forum

In celebration of the National Day of Service on 9/11, Karin DuPaul treated three students and four Metropolitan State University staff to a fun and informative historic tour of the Swede Hollow neighborhood. Karin highlighted the economic forces and public policies that have either helped or hindered the community over time and showed us the tremendous results of tireless, organized community action to preserve architectural gems, stabilize property, revitalize public space, and build connections among neighbors.

Earlier in the day, Summer Badawi, Gardening Manager at Urban Roots, gave a

group of 11 Metropolitan State University students and staff an overview of Urban Roots work and ways the organization has collaborated with various university departments for many years. For example, when Urban Roots laid plans to convert the raised flower beds at the Maria/3rd Street garden to a plot for edible plants, assistant professor Julie Maxson secured a grant from the Institute for Community Engagement and Scholarship to conduct extensive soil testing at sophisticated labs, involving students in collecting samples and analyzing the results. Summer's extensive knowledge of youth development and urban farming was deeply apparent as she guided us in harvesting and weeding this impressively productive garden, which is still chock-full of eggplant, tomatoes, ground cherries, zucchini, basil, salad greens and more!



Jodi Bantley

Denny Yang, Greg Mellas, Victor Cole, Jodi Bantley, George Ngeru, and Taskin Haque, taking part in MSU's Work Service Day.

Dayton's Bluff at the State Fair

Forum Staff

A small piece of Dayton's Bluff history was on display at the State Fair this year. Life-long Dayton's Bluff resident Greg Cosimini assembled a postcard collection titled "Mounds Park Sanitarium" and entered it in the Creative Activities competition.

The collection consisting of 15 postcards and descriptive text won a blue (first-place) ribbon in the Minnesota postcard category, beating out three other entries.

The Mounds Park Sanitarium was built in 1906 by brothers Dr. George and Dr. Robert

Earl. It was located on Earl St. between Burns Ave. and Thorn St., across the street from Indian Mounds Park. It was razed in 1962 and replaced with a new Mounds Park Hospital. That building is now part of the Marian Home of Saint Paul – Cerenity Senior Care complex.

Cosimini had entered a larger postcard collection in the same category in 2010. It was titled "A Century Ago in Dayton's Bluff" and included 20 postcards featuring various Dayton's Bluff buildings that existed 100 years ago. It won both first place and sweepstakes ribbons at the State Fair and picked up a second place ribbon from the Ramsey County Fair the following year.

Dayton's Bluff
Community Council
804 Margaret Street
St. Paul, MN 55106

NONPROFIT ORG.
U.S. POSTAGE
PAID
TWIN CITIES MN
PERMIT NO. 3996

ECRWSS
Postal Customer

Margaret Park update

Forum Staff

With the help of the Stewards of Margaret Park (STOMP), the City of Saint Paul has been successful in securing 2015 Capital Improvement Budget (CIB) funds for park improvements at Margaret Park. These improvements may include a new restroom facility, restoration of athletic fields, signage, erosion control, and additional walking paths. Construction is scheduled to start in the spring of 2016 and completed in the fall.

The Community Engagement process for the Margaret Park Improvements Project has been in action throughout the summer. In ad-

dition to posting an online survey, Saint Paul Parks and Recreation staff has set up boards and activities during scheduled events in and around Margaret Park in an effort to engage a large sample of the diverse community who visit the park and to encourage those interested to provide input and ideas for specific park improvements. The next phase of the community process will include three community meetings prior to construction. These meetings will serve as an opportunity for the community to provide feedback during the design phase of the project. Agendas, meeting notes, presentation boards, and other Margaret Park Project updates will be posted on the City website. See page two for information on the upcoming community meeting regarding improvements to Margaret Park.

New Friends of Swede Hollow are welcome

Do you enjoy Swede Hollow Park and care about its history and future? The next Friends of Swede Hollow monthly meeting is **Wednesday, October 14, at 6:30 p.m.** Email karin@swedehollow.org or call 651-776-0550 for more information and the meeting's location.

Get rid of your junk car; help Dayton's Bluff Community Council

Roy Carlson, a former Dayton's Bluff Community Council board member, owns Budget Towing of Minnesota. Budget Towing will remove any junk car or truck—from anywhere in St. Paul—and dispose of it at no charge. The owner of the vehicle will receive paperwork for a tax donation, and Roy will make a small donation to the Community Council. Call 651-772-2075 to have a junk car removed—and help clean up Dayton's Bluff.

Dayton's Bluff Take-a-Hike

On the first Saturday of most months, the Dayton's Bluff Take-A-Hike starts at Indian Mounds Park at Earl Street and Mounds Boulevard at **10:30 a.m.** The October hike will be on **October 3.** The hike is about one and a half to two hours long and will end at Swede Hollow Park or East Side Heritage Park, depending on the desire of the hikers. Learn a little history along the way! If you have any questions, contact Karin DuPaul at 651-776-0550 or karin@swedehollow.org.

Police community meetings

The Eastern District Police host their monthly meetings for community members at 722 Payne Avenue, at the corner of Payne and Minnehaha Avenues.

The next meetings are **Wednesday, October 21, at 9:30 a.m. and 6:30 p.m.** Regular meetings are held on the third Wednesday of each month.

The meetings are open to all. The intent is to learn about, listen to, and address concerns about crime and other issues on the East Side. The St. Paul Eastern District is committed to maintaining and growing the quality of life for all of our residents. Bring your neighbors for a great opportunity to discuss neighborhood nuisance issues.

Business Classes

The next Dayton's Bluff Neighborhood Micro-entrepreneur Class starts this fall. This program helps startup and young businesses on the East Side. All East Side entrepreneurs are welcome. Class training lasts eight weeks and includes topics such as operations management, marketing, financial management, one-on-one assistance with creating a successful business, and preparing a business plan, plus eight hours of one-on-one time with the instructor.

Those who successfully complete the course and locate their businesses in target neighborhoods are eligible for ongoing business support services. Some examples of businesses started by people who have previously taken this course include graphics, landscaping, photography, food service, restoration

of wood furniture, art, custom floral design, and exterior and interior painting. The course is a partnership between the Dayton's Bluff Community Council and the Neighborhood Development Center.

There is a small registration fee based on a sliding fee scale. The next session will be starting in the spring and class size is limited, so get enrolled now. Please call Emma Spillman at 651-379-8432 for an application.

Save the dates

Join us for the next *Dayton's Bluff District Forum* board meeting at **10:30 a.m. on Friday, October 2.** On **Monday, October 5,** the first community meeting to discuss Margaret Park improvements will take place from **6:00 p.m. to 7:30 p.m.** And don't miss the Dayton's Bluff Community Council's Annual Meeting on **Monday, October 19, at 6:30 p.m.** All of these meetings will take place at 804 Margaret Street. Call 651-776-0550 or editor@daytons-bluff.org for more information.

Take the Tree Trek this Fall!

While the colorful fall leaves remain, take a tour through Indian Mounds Park and discover the unique look of different tree leaves. And for parents who find out that they have to help their elementary school children bring in a dozen or more leaves to class, you can find them in our local area.

Visit moundsparktreerek.weebly.com and you can see a map of a tour of over thirty different kinds of trees with lots of information on markers along the route. Free Family Fun! Take a walk this fall.

October at the Dayton's Bluff Library

The Dayton's Bluff branch of the St. Paul Public Library shares its home with Metropolitan State University at 645 East 7th Street. It has recently lengthened its hours and is open until **8:00 p.m. Monday through Thursday.** One-hour parking is available in the lot, and the 61, 63, and 73 bus routes serve the location.

Special October events: The **Dayton's Bluff Book Club** is back for another school year on a new day—the **first Wednesday of the month.** On **Wednesday, October 7 from 6:00 p.m. to 8:30 p.m.,** we will discuss our first book, *Into the Beautiful North* by Luis Alber to Urrea. Each month's books are available for free before the meeting and a light dinner is served. Space is limited, so register for the book club by calling the Institute for Community Engagement and Scholarship at 651-793-1285 or email community.engagement@metrostate.edu.

Storywalk! A favorite St. Paul Public Library event comes to Dayton's Bluff on **Saturday, October 10 from noon to 2 p.m.,** when a large-scale version of the children's book *I Ain't Gonna Paint No More* by Karen Beaumont, is set up at the Metropolitan State University labyrinth — big enough for visitors to walk through! It's a lot of fun for the whole family!

Ongoing events: *Snack in the Zone;* **Mondays – Thursdays from 4:00 p.m. to 4:30 p.m. Homework Help in the Zone;** **Sundays from 1 to 4:00 p.m., Mondays – Wednesdays from 4:00 p.m. to 7:00 p.m.**

Additional hours have been scheduled for the *Job Search/Computer Skills Open Lab.* They are: **Mondays and Wednesdays from noon to 3:00 p.m., Tuesdays from 11:00 a.m. to 2:00 p.m., and Thursdays from 10:00 a.m. to 2:00 p.m.**

Please check sppl.org for the latest information or call 651-793-1699.

October at the Mounds Theatre

Jessica Johnson

Executive Director; Mounds Theatre

The weather might be getting cooler but things are heating up at the Historic Mounds Theatre as our fall events kick into high gear.

October 1-4, 8-11: Join the Conundrum Radio Players for a night of terror, mystery, suspense and mayhem as they present "*Radio FEAR*," a night of one-act radio plays performed live at the Historic Mounds Theatre.

A small cast of actors performing over twenty roles is accompanied by live sound and technical effects artists to bring four chilling stories to life by some of the biggest names in science fiction! Experience darkness like never before in Isaac Asimov's critically acclaimed "*Nightfall*." Survive a terrifying onslaught in a remote lighthouse as you escape to "*Three Skeleton Key*." Discover the shocking truth behind a seemingly innocent children's game in Ray Bradbury's "*Zero Hour*." And help solve a mystery like no other as the worlds of Sherlock Holmes and H.P. Lovecraft collide in Neil Gaiman's Hugo award winning "*A Study in Emerald*." Shows: **October 1, 2, 3, 8, 9 & 10 at 7:30 p.m. and October 4 & 11 at 4 p.m.** Tickets: \$15 adults, \$10 for seniors, students and children.

October 2-3, 9-10, 17-18, 23-25, 30: One-hour *Real Haunted Tours* will be held on Friday and Saturday evenings through most of October. Tours during the first three weekends are late night after the shows, so participants will be able to take advantage of show-night energy. Three-hour investigation time slots can be arranged by contacting the Mounds Theatre directly for those who want more free range to investigate the space. New this year, we'll be offering Sunday Sunset tours that begin before sundown and will allow a little bit younger crowd a chance to experience the tour. On **October 18 and 25** only, 8-15 year-olds can join in the fun (with a parent or guardian present.)

October 16 & 17: "Poltergeists and Pile-drivers" Join IWI Wrestling and BPIMN Paranormal for a weekend of paranormal fun and live pro wrestling action. Come out to the Historic Mounds Theater and join Tim Dennis (Darkness Radio/IWI), Ian 'The X-Man' Xavier (BPIMN/IWI), and special guest, Scott Gruenwald (Ghost Adventures/Travel

Channel) as the hosts for this weekend.

On **Friday, October 16,** we take you on a paranormal investigation of the haunted Historic Mounds Theater. Start time is **7:00 p.m.** with a meet and greet of your hosts, a presentation from Scott Gruenwald, Q and A with your hosts, and a tour and history of the theater. Afterward the investigation runs from **10 p.m. to 3 a.m.**

Then on **Saturday, October 17** come back for a completely different feel of the Mounds Theater as the stars of IWI present their Halloween event. There will be lots of exciting pro wrestling action, a costume contest with prizes, and candy for the kids! Scott Gruenwald will join us as special guest ring announcer and costume contest judge!

But wait! There's more! It's never too early to make plans to attend our December Christmas play. Once again we will be presenting Charles Dickens' *A Christmas Carol*, but not just any old version of this classic. This year's play will be presented as only those intergalactic bad boys from *Star Trek* can do it. Yes, it's *A Klingon Christmas Carol*. Don't miss it! You don't want to make Klingons angry. You wouldn't like them when they are angry.

Visit our website at moundstheatre.org for more information on any of these events and to purchase tickets as they become available. The Historic Mounds Theatre is located at 1029 Hudson Road, St. Paul, MN 55106; 651-772-2253 or historicmoundstheatre@gmail.com.



Become a member

Become a founding member of WEQY-FM, the Voice of the East Side. Make a one-time donation of any size or a monthly-on-going donation. We will thank you on the air for your support if you give us permission.

To give online now, visit givemn.org and keyword search "WEQY."

If you'd prefer, send a check to:

WEQY
c/o East Side Enterprise Center
804 Margaret Street
St. Paul, MN 55106

Please include your name, address, phone, email address, and whether or not you will allow us to thank you on the air.

Thanks for becoming a crucial part of our new station!

NEED HOME IMPROVEMENTS AND DON'T KNOW WHERE TO START?

Dayton's Bluff NHS is a non-profit agency eager to help. We offer:

HOME IMPROVEMENT LOANS

- Low Interest Rates
- Affordable Terms
- Income Limits DO APPLY

CONTACT US TODAY TO FIND OUT MORE!



Dayton's Bluff Neighborhood Housing Services
823 East Seventh Street
Saint Paul, MN 55106
651.774.6995
www.dbnhs.org



Mounds Park United Methodist Church

1049 Euclid Street (corner of Earl and Euclid); 651-774-8736
Mounds Park United Methodist on Facebook

Mounds Park United Methodist Church is a community based, multi-cultural congregation located at 1049 Euclid Street at the corner of Earl and Euclid. We strive to build on the positive assets of Dayton's Bluff; working together as neighbors improving our community. In May, we invited a new Karen congregation to share our building – they are called New Abundant Life Church, and worship at **1:30 p.m. on Sundays**.

Everyone is invited to the following community events:

After-school programming for all children grades 5 - 12 is available at the church every Monday, Wednesday, and Friday. The programming includes homework help, group activities, music, cooking, recreation, field trips, fun, and snacks, sponsored by McVay Youth Partnership of Hamline University. All are welcome!

Wednesday, October 28th starting at noon – Community Friendship Gathering with hot lunch. We begin with a hot lunch followed by a special program. All are welcome; the focus of this event is on persons age 55 and over.

Saturday, October 31st – Community Halloween Party, from 6:00 to 8:00 p.m. While you are out trick or treating, stop into the church for this community event. A free dinner will be served to all. There will be games to play, candy prizes, and pictures taken of you in costume. Stop in and enjoy a warm place to catch up with neighbors.



Seniors, join us for lunch at

ELDER CAFE

OCTOBER 8, 2015
12:00 PM– 2:00 PM

Lunch and Entertainment at Dayton's Bluff!

Join us for lunch and learn about the Senior Linkage Line and all the services they offer the senior community!



Dayton's Bluff Seniors Living at Home Block Nurse Program

Need a ride?

Call us at (651) 400-1650

This event is a partnership between Dayton's Bluff Seniors and the First Lutheran Church, Dayton's Bluff

Free Flu Shot Clinic!

Bring your Medical Insurance and Medicaid Cards

Transportation to and From the Event

Resources and Information

Call today to make your reservation!

Dayton's Bluff Seniors
 First Lutheran Church
 463 Maria Avenue
 St. Paul, MN
 (651) 237-7633

9th Annual

BOOYA!

Sunday, October 4th | Noon



1347 Burns Ave, St. Paul
 (1 Blk West of 61 & Burns Ave)
651.776.7010

EVERYONE WELCOME
NOW OPEN

7:30AM-9PM EVERY DAY

Local, organic food for everyone at a fair price.

EAST  7TH

740 East 7th Street • Saint Paul



Mississippi Market Natural Foods Co-op

3 Saint Paul locations • msmarket.coop



Dayton's Bluff Seniors
 Living at Home Block Nurse Program

Dayton's Bluff Seniors Needs Volunteers!

Mission Statement: Neighbors helping neighbors. Supporting seniors to live independently in their homes.

Volunteers are key to the mission and success of the Dayton's Bluff Living at Home Program.

There are seven types of volunteers:

- Drivers
- Errand Runners
- Friendly Visitors/Callers
- Chore Persons
- Special Projects
- Governance
- Administrative

Volunteers are individuals who help neighborhood seniors maintain their independence by generously giving of their time in a variety of ways. Volunteers are assigned and supervised by the manager of Volunteer Services. They attend orientation and receive ongoing training. Once the volunteer completes the appropriate paperwork including a background check, the volunteer may be matched with a specific program participant on a regular basis or may be an occasional volunteer available on an as needed basis. State law requires automobile owners' liability insurance, liability coverage is provided for all volunteers.

For information contact Michele Streitz at 651-400-1650 or email volunteer@daytonsbuffseniors.org

Susan Tietjen — From Amateur Athlete to Massage Therapist

Mark Gallagher
Associate Editor

Many people come to a crossroads in their lives, and Susan Tietjen was no exception. Tietjen was an amateur rower on a national and international level, but had a nagging interest to go to chiropractic school.

As she researched her options, Tietjen discovered she needed a lot more prerequisite classes to get into chiropractic school. "It was just going to be too many years of education before I could start my profession," Tietjen says. "So I searched a little farther and found massage therapy to be a much more agreeable entry into a profession."

Tietjen enrolled in a training program at a school called Northernlights School of Massage Therapy. The school lasted one year and included 650 hours of hands-on training. The school no longer exists; it merged with the Shiatsu School of Minneapolis and is now called Center Point, which is located in St. Louis Park.

Tietjen had a dream to own her own business. "My father was self-employed," she says. "When I envisioned myself working as an adult, I envisioned working at my own business. Of course, at that time I didn't know what that business was going to be." Now she has that business; Susan Tietjen is the owner of Assisted Healing Center, and her title is Massage Therapist.

In May of 2003, Tietjen moved into an office at 733 East 7th Street, in the same building as the Swede Hollow Café, and by the end of that summer she was eager to be associated with the other businesses on East 7th Street in the Dayton's Bluff community. "In the following spring, Karin DuPaul and I got active with putting flower pots on East 7th Street," she says. "I was involved with getting that going and making trips down to Bailey Nurseries greenhouses in Cottage Grove, to get flowers at their discount market so we could plant the flowers in the planters."

Tietjen also started working with the District 4 community council in 2005. "Ed Lambert was the executive director of the council and with his encouragement, we started a business association with the businesses in Dayton's Bluff," she says. "It was called the Dayton's Bluff Community of Small Business Owners. It was active for about three years."

The education Tietjen received was founded in Western-style Swedish massage. She immediately expanded off that into deep-tissue and sports massage; the deep-tissue massage she does is called

trigger-point therapy.

"Additionally, I've learned connective-tissue massage, which is a type of massage that is done without lotion or oil on the skin," she says. "For the connective-tissue massage, I went to additional training outside of school."

In addition to all the massage therapies that Tietjen employs, she uses a technique called Kenisio Tex Taping, in which a product is applied to the external part of the skin that creates better blood flow to the area. "It's like getting a very low-grade massage during the time it is on your body," she says. "I use it on a lot of joints — shoulders, knees, elbows, and things like that. It's all about keeping inflammation down and excess fluid out of a joint. It doesn't hold anything in place."

"I belong to a professional association called The American Massage Therapy Association, which requires continuing education for professional affiliation," Tietjen says with pride. "Other than that, I am Nationally Board Certified, and they have continuing education requirements, but the State of Minnesota has no requirements."

Tietjen depends on word of mouth for most of her new clients. "Seldom do I get a new client without any kind of referral," she says. "I mean there are a few of them, but by far having one of my current clients handing someone else one of my cards is the way I get new clients."

Susan Tietjen is not a resident of Dayton's Bluff. She lives in the Phalen Park neighborhood, but frequents Swede Hollow Café, and sometimes visits the Dancing Goat coffee shop. "I'm a customer of Roger's Printing up on the hill, and I love the El Cabana Mexican Restaurant at the corner of 7th and Arcade," she says. "I also go to the Super Mercado and do a little shopping on my way home from work."

"I would like to say I've really enjoyed being here in this location because even though 7th Street is a loud street," Tietjen says, "it's a neighborhood that is very understanding and generous with its desire to help a business like mine."

The address, phone number, and hours of operation for the Assisted Healing Center are as follows:

733 East 7th Street, Ste 200
(651) 214-8088 (cell)

Monday- 1:15 PM-2:30 PM & 2:45 PM-7:00 PM
Tuesday- 9:00 AM-11:00 AM & 1:15 PM-4:30 PM
Wednesday - 1:15 PM - 4:30 PM
Thursday - 1:15 PM - 4:30 PM
Friday - 11:45 AM - 4:30 PM
Saturday - By Appointment Only

Mark Gallagher is a professional writer and editor. He can be reached at refineEditorial@gmail.com.



Mark Gallagher
Susan Tietjen, massage therapist.

See Jane run!



VOTE NOVEMBER 3
for your Saint Paul DFL and Labor-endorsed team:

Zuki Ellis, Steve Marchese, Jon Schumacher, Mary Vanderwert for School Board, and Jane Prince for City Council Ward 7

Visit Jane at a Listening Session
www.JanePrinceW7.com,
or write Jane with your concerns,
JanePrinceW7@gmail.com

Jane ^{FOR} Saint Paul
PRINCE
FOR **Ward 7**

DFL and LABOR endorsed



Paid for by Jane Prince for Saint Paul's Ward 7 City Council,
JanePrinceW7@gmail.com, 651/308-4984, Sam Murphy, Treasurer.

Dayton's Bluff District Forum

804 Margaret Street, St. Paul, MN 55106
Phone: 651-776-0550 E-mail: editor@daytonsbluff.org

Monthly circulation: 7,000; also available online at daytonsbluffdistrictforum.org. This publication of Hopewell Communications, Inc. is intended to provide a forum for the ideas and opinions of its readers and to be an instrument for developing community awareness and pride. No material contained in this paper may be reprinted without consent of the editor. Articles and letters to the editor are welcome and may be emailed to editor@daytonsbluff.org. The *Dayton's Bluff District Forum* is delivered to every home and business in the Dayton's Bluff neighborhood. Outside this area, subscriptions cost \$15 per year and may be arranged by calling 651-776-0550.

Board of Directors:
Greg Cosimini, Karin DuPaul, Jennifer Herman, Sage Holben, Carla Riehle, Steve Trimble

Editor/Layout: Jennifer Gascoigne Associate Editor: Mark Gallagher

Next issue: November 2015. Deadline for material: October 10, 2015.

Have you signed the Rush Line petition yet?

Forum Staff

Swede Hollow and the Bruce Vento Regional Trail are outstanding assets in our area where many of us live and do not have the opportunity to travel out of the neighborhood to see nature at work or walk on a recreational trail. Swede Hollow is an excellent place to see nature right here in the heart of the city.

The Rush Line is a proposed transit corridor that would go from Forest Lake to Union Depot in downtown. One of the alignments that Ramsey County Regional Rail Authority is studying is the Bruce Vento Regional Trail that goes right through Swede Hollow.

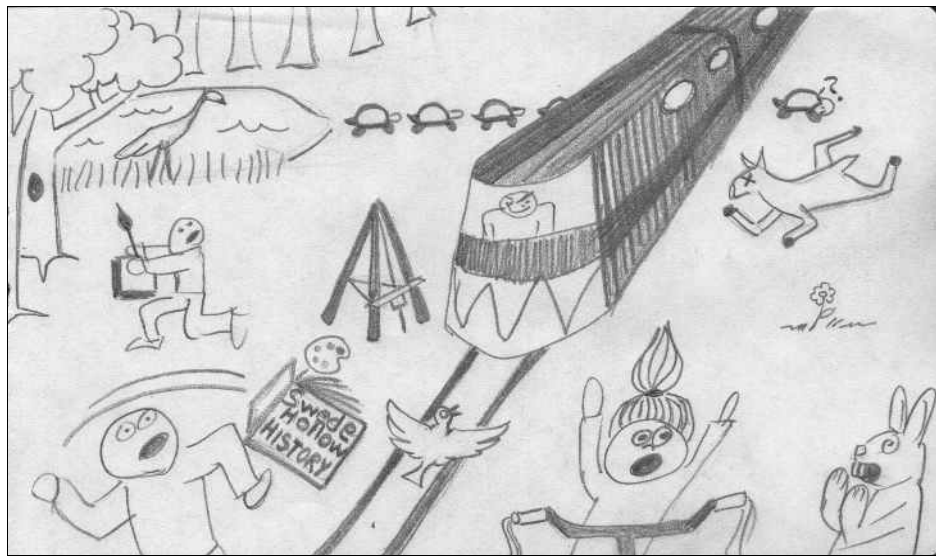
Swede Hollow is home to wild turkeys, deer, foxes, turtles, and many other kinds of wildlife. Swede Hollow has provided educational opportunities for many schools including adjacent Hope Community Academy and Metro State Uni-

versity. There are historic structures such as the old Hamm's Brewery, First Lutheran Church (celebrating 150 years), and the iconic 7th Street Improvement Arches.

Friends of Swede Hollow is an advocacy group that is in favor of mass transit, but it must be in the right place that will benefit the people of Saint Paul and not take away a wonderful asset like Swede Hollow. We do not oppose the Rush Line or mass transit, but we strongly oppose the proposed route through Swede Hollow.

Join us in petitioning the Ramsey County Regional Rail Authority to choose a Rush Line route that would better serve St. Paul's East Side and that would not destroy Swede Hollow Park.

Please join the campaign by visiting change.org and keyword search "Swede Hollow." For more information call Karin DuPaul at 651-776-0550.



Mike and Diane May

Artist's rendering of the havoc that could ensue if the Rush Line through Swede Hollow becomes reality.

Disclaimer: Not based on actual events...yet. Hurry and sign the petition!



Road Construction Special

10 Dilly Bars for \$8.29 All-beef hot dogs \$1.59

565 Earl Street
Open 11 a.m. to 9 p.m.

Bring in this ad and buy 1 Malt, Shake, or Blizzard get one FREE



You can use this ad five times this month

Expires 10/31/15

CENTROMEX SUPERMERCADO

816 EAST 7TH STREET, SAINT PAUL MN 55106
DIAGONAL AL CONSULADO MEXICANO



TEL: 651 793 4912 FAX: 651 793 4628

MOUNDS PARK BARBER STYLISTS



APPOINTMENTS AVAILABLE
TUESDAY THRU SATURDAY

1043 HUDSON ROAD
SAINT PAUL, MN 55106

651-771-6980

Judy Lee

Rep. Sheldon Johnson wants you to know about:

WEQY - 104.7 FM

WEQY is the Community Radio of the East Side

WEQY - East Side Community Radio - is a brand new station serving the East Side of Saint Paul. Starting in October, WEQY will serve the East Side as a community anchor, connecting and sparking dialogue across cultures and generations, educating the public, and broadcasting the voices of the East Side.

WEQY is committed to the East Side. By capitalizing on the East Side's rich immigrant history and diverse community, the station envisions a more socially, economically, and politically powerful East Side.

WEQY is also looking for new local, relevant, unique, exciting and engaging music and talk programs. No experience is required.

Visit www.WEQY.org if you have a show idea.

Sincerely,

Rep. Sheldon Johnson



State Representative

SHELDON JOHNSON

259 State Office Building
100 Martin Luther King Jr. Blvd.
St. Paul, MN 55155

(651) 296-4201

rep.sheldon.johnson@house.mn

www.house.mn/67B

www.sheldonjohnson.com

Twin Cities Academy breaks ground on new building

Jennifer Herman
Forum Staff

When Twin Cities Academy Principal Betsy Lueth (pronounced "Leet") put a shovel in the ground at the site for the new school building it was a coming home of sorts for her. Years ago she lived just doors away from the old Cemstone site and remembers pushing her daughter's stroller down the dusty sidewalk to get an ice cream cone at Dari-ette. Her family eventually moved away and her career took her to other places, but 4 years ago Betsy became Principal at Twin Cities Academy and found herself back on the East Side.

On the sunny afternoon of August 25th Principal Lueth, TCA Middle School and High School board members, and others donned hard hats and neon safety vests to plunge gold shovels into the dirt at the site of the schools' 4th and now permanent home. For 6 years TCA has made its home in the former parish school at Sacred Heart Church. The increasingly diverse school continues to post high MCA test scores, boasts high graduation and college enrollment rates, and has been recognized for successfully addressing the achievement gap. These successes have attracted new families causing a steady rise in enrollment and leading to wait lists in recent years. The building that once seemed so spacious began to require creative uses of space like moving the library into a corner of the lunch room to free up an additional classroom for French class!

A year and a half ago school leaders realized it was time for the nomadic school to make another move and the search began for sites on the East Side which could be renovated or were available for construction

of a new building. As fate would have it the Cemstone site, once so familiar to Betsy, was an ideal and available location. Cemstone, now a large cement company with locations around the metro had its humble beginning in 1927 at the Minnehaha Avenue site. The owners of Cemstone are sad to say good bye to the spot where the company started but they have become big supporters of TCA and plan to donate cement for the new school building. In fact the project

sale of city municipal bonds which will be paid back over 35 years. The \$16 million in bonds sold in a mere 4 hours – another show of strong support!

The new facility will open next summer and welcome staff and students to classes in September 2016. This year enrollment (just over 500 students) is close to being maxed out and space in the Sacred Heart building is tight. Everyone is looking forward to the new 61,000 square foot building which will hold around 600 students and have plenty of space to spread out. A new building with features like air conditioning and classrooms specifically designed for middle and high school students will make teachers' jobs easier. The media center and library will move out of the lunch room and have their own space! A full size gym with locker rooms will be a welcome replacement for the tiny gym with the low ceiling that cramped the style of power hitters during volleyball games. The outdoor fields will finally give TCA teams the home field advantage! The new parking lot will have plenty of parking spaces, ample space for buses, and will allow for a simpler drop off and pick up process for parents who drive students to TCA. Staff and students are excited about being neighbors with The Dari-ette and the community is anxious for the Cemstone site to be transformed by a new building and lots of beautiful green space. Back to school 2016 will be an exceptionally exciting time for the Twin Cities Academy staff, students, and families, and the East Side Community!



Jennifer Herman

TCA Breaking ground in preparation for their new building.

has been widely supported by the Minnesota Department of Education, the school's authorizer University of St. Thomas, the District 1 Community Council, Council Member Finney, Mayor Coleman, and the City of Saint Paul. The project has been funded by the

Keep the change

Diane May

Forum Contributor

My family has lived in Dayton's Bluff for over 14 years now. To those residents that grew up here, I will always be a "new" Eastsider. That's never going to change. But, to those of you who have been here a little less than I have, a LOT has changed.

When we moved into the neighborhood, the closest public library was Downtown. I liked going there, until my husband got a parking ticket because he didn't fill up the street meter with enough quarters. Now we can bike or drive eight blocks down to a beautiful facility and park in the spacious parking lot. You still have to watch the time if you come by car as there is a parking time limit, but you gotta admit, it's a nice facility.

When I moved into the neighborhood, I didn't feel comfortable grocery shopping here in Dayton's Bluff central. For

several years, I preferred to shop at the Cub Foods and the Fresh and Natural Foods near where I worked. Something within me had to change as I began to see the importance of shopping local. Now I shop for groceries in the neighborhood by getting fresh veggies from Davis Urban Farm and a garden share bag from Dream of Wild Health at the Eastside Open Market on Thursday nights. I also frequent the Centromex Supermercado on the corner of 7th and Arcade, enjoy my new Cub Foods on Arcade, and the newest Mississippi Market.

When we bought our house 14 years ago, it was wrapped up in aluminum siding, had a family of squirrels living/chewing/peeing in the attic floorboards, and a gable sagging backwards into the attic. We have since, with the help of contractors like Merit Building Company, gotten the exterior of the house back to the original wood, popped the gable back into place, and replaced the roof. In 2003, our sewer line broke (at that time it was still the original ter-

racotta they had installed when the house was built in 1908) and necessitated a new sewer and waterline and landscaping. So, sometimes change comes full circle, like getting the aluminum and asbestos siding off the house and back to the original wood. And sometimes change is necessary for the better, like installing PVC piping instead of terracotta and a copper water line instead of a lead one.

3M still operated a plant in the neighborhood when we moved here, but they announced they were going to close it and they did. My favorite neighborhood restaurant, the Vietnamese restaurant on East Seventh called Lily of the Valley, lost their lunch crowd from 3M and I believe that is why they ultimately closed their doors as well. I was forced to choose a new favorite neighborhood restaurant and after the "Make It Happen" initiative by the Dayton's Bluff Community Council in 2012 decided on Mañana Restaurant. We still have yet to see what happens to the old 3M plant land, which is now called "Beacon Bluff" and is owned by the Saint Paul Port Authority, but I sure do like the public sculptures.

In 2001 I stood before both the Heritage Preservation Committee (HPC) and the St. Paul City Council and tried to convince them that they should not let Dayton's

Bluff Neighborhood Housing Service (DBNHS) build the proposed seven affordable-housing units around my house. The HPC upheld my perspective and didn't grant the DBNHS the permit that was needed to move forward. The appeal before the City Council overruled the HPC and the units were ultimately built. But, not before the Director of DBNHS, Jim Erchul, listened to me and was able to work with me to make some changes both to the unit design and placement. Fast forward 14 years and I am now the sitting Board President for Dayton's Bluff Neighborhood Housing Service and I believe in our mission statement of providing affordable housing for the Eastside. Talk about change!

Swede Hollow Cafe was the only place to get good coffee that I knew of 14 years ago. Before The Dancing Goat Coffee House, Cafe Nikita made a brief appearance on the Bluffs. Cafe Nikita was replaced by Pops, which was replaced by The Strip Club Meat and Fish. Nowadays, I usually make my coffee at home using locally roasted beans from Polly's Coffee Cove. But, I am just as happy to go to Ward 6, which used to be The U and I Cafe, which used to be a derelict, old building. Of course, I still meet friends for coffee at Swede Hollow Cafe. Maybe some things don't change.

Get Involved and Let Your Voice Be Heard!

Want to Make a Difference in Your Community?

Dayton's Bluff Community Council is looking for community members who want to get involved. DBCC is dedicated to supporting and building a community of equity where everyone can thrive. Below are some ways you can get involved:

- Become a Member of the Board (Elections each Fall)
- Committee Involvement
- Volunteer Opportunities

MANY CULTURES.
BUILDING THE FUTURE.



804 Margaret Street
Saint Paul, Minnesota 55106
651.772.2075

To Learn More About DBCC and how get involved, visit www.daytonsbuff.org today!



ANIMAL ARK THRIFT STORE...
The Ultimate Place to shop!



Bring in this coupon for \$10 off \$20 purchase or more

100% of our proceeds go to Animal Ark NO KILL Shelter!

Check us out ...www.animalarkmn.org

&
"like" us on Facebook "Animal Ark Thrift Store"

Animal Ark Thrift Store - 651-772-8983
809 E 7th St., Saint Paul, Minnesota, 55106
Mon. - Sat. 10-5 Wed. 10-6:30

Senior Day Mondays 20% discount
Student 20% discount everyday with I.D.
Animal Ark Salutes our troops with 20% discount everyday



Memorials on the Bluff — part three

*Steve Trimble
Forum Historian*

I decided to continue with what trendy groups call “placemaking” for this month’s history article. It’s about letting people know about spots throughout the neighborhood that were designed to reveal the historical fabric of our communities. This time we will be staying on a single place on East 7th Street and looking at a trio of memorials. Remember, if any of you readers know of any other “placemaking” spots or memorials that can be included in future articles let us know.

Augustus Gauger Park: East 7th and Bates. Augustus Gauger was born in Germany and moved to the United States with his family when he was ten years old. He loved to draw and eventually took courses and became an apprentice to an architect.

In 1875, 23-year-old Gauger arrived in St. Paul and worked with Edward Bassford. He then opened his own practice, living and working in St. Paul for the remainder of his life. His first home was on the East Side, and among his works was the 1880s W. F. Stutzman Block at 721-733 East 7th Street.



Steve Trimble

A portion of Augustus Gauger Park.

Over the years, the structure fell into hard times and became home to a large, unsightly billboard in an unsightly lot at the west end of the block. In 1994, the Upper Swede Hollow Neighborhood Association (USHNA) purchased the Stutzman and returned the Victorian building to become a community asset. In September 1994, the west end of the property was acquired and the land west of the Swede Hollow Cafe was named Augustus Gauger Park, to memorialize the architect who lived in and designed many area homes and buildings.

Bonnie Luke Memorial Plaque: Bates and East 7th. Gauger Park contains two memorials of women’s history. The first is a marker that was placed in memory of Bonnie Luke (1948-1994), a member of the nursing faculty and a long time academic adviser at Metropolitan State University from 1988 to the year of her death.



Steve Trimble

Bonnie Luke Memorial plaque.

In 1993, a memorial to her was placed at the base of a huge cottonwood tree on the west end of Gauger Park. The plaque affixed to a large rock that, incidentally, needs to be straightened.

Luke, an avid gardener, helped Metro State students, staff, and community volunteers to develop Gauger Park, so a memorial there seemed appropriate. Bonnie’s family and friends brought flowers from her former yard and planted them near the memorial. Metro State also set up a Bonnie Luke Scholarship Fund that gives financial aid to a

student in good academic standing who is the mother of a minor child or children. Often on National Day of Service, college students help remove unwanted plants from around the Bonnie Luke memorial.

Maria Bates Rain Garden: Bates and North Streets. The second tribute to a woman honors Maria Bates Dayton. She and her husband Lyman Dayton, came to St. Paul in 1849 and built a house atop the bluff at Conway Street in 1854. Lyman became a prominent businessman and local landowner and their name became attached to the neighborhood. The maiden name of his wife, who was very active in the First Baptist Church, was memorialized by the designation of Maria and Bates Streets.



Dayton's Bluff District Forum Archives

Maria Bates Dayton.

A few years after Lyman died in 1863, Maria married their groundskeeper — some thirty years her junior — and became Maria Nell. They later moved to Dayton, Minnesota. She died in 1896 and her son gave the city a tiny triangle of land for a park that was named in her memory. The city later vacated a section of Bates Avenue between East 7th and North Streets and the land was added to small the park, connecting it directly to what would become Gauger Park. The local landmark was somewhat lost, but is now designated the Maria Bates Rain Garden.

OPENING IN ALL GRADES K-8
Qhib Cuv Npe Rau Kindergarten Mus Txog Qib 8

HOPE
COMMUNITY
ACADEMY

HOPE COMMUNITY ACADEMY SCHOOL
HMONG OPEN PARTNERSHIPS IN EDUCATION

SCHOOL MISSION:
Educating all students to highest levels of academic and social standards with a focus on the Hmong language and culture.

HOPE Community Academy School
720 Payne Avenue, St. Paul, MN 55130
Phone: 651-796-4500 or visit us at: www.hope-school.org

Kawm Txuj Kawm Ci Thiaj Yuav Muaj Nqi.

WE OFFER:

- Free Door-to-Door Pick Up/Drop Off Bus Transportation For ALL Students
- Standards-Based Curriculum
- Hmong Culture And Language Programs
- All Day Kindergarten Program
- Hi-Tech Technology Program
 - Student Computers In All Classrooms And Computer Lab
 - Promethean Interactive White Boards
 - iPads For Students
- Full Continuum Special Education Program
- Year-Long Extended Day Program, Includes Enrichment Program
- Small Class Size
- School Uniform Assistance Program Available
- Parent Resource Program
- Free Breakfast And Lunch Program, Includes Hmong Food

Zoo Siab Txais Tos

Bienvenida *Salvete* **Welcome** *Soo Dhawaadda*

East Side Eating – Trimble's Taste Trek

Forum contributor Steve Trimble is attempting to eat at every locally-owned, sit-down restaurant on the East Side in 2015. He hopes to get the word out to the Dayton's Bluff community about the eating options here on our side of town. There are more restaurants than there is room for in the monthly paper, but at least 22 may now be found online at daytonsbuffdistrictforum.org: click on "East Side Eating" on the top of the home page.

Minnesota Music Cafe

499 Payne Avenue
 (651) 776-4699
 Monday-Friday: Noon to 2:00 a.m.
 Saturday: 1:00 p.m. to 2:00 a.m.
 Sunday: 3:00 p.m. to 2:00 a.m.
Minnesotamusiccafe.com

The motto of the Minnesota Music Cafe (MMC) is "where the food is great and the music is cookin'" To the right as you enter, there is a small area with comfy chairs, booths, and tables. You next come to a long triangular bar with seating for a couple of dozen. When I arrived shortly before 7:00 p.m., there was only a handful of people there in a large back room where there is a sizable stage, and many tables and stools arranged to face the stage.

As you might guess, there was recorded music in the background and music photos and authentic memorabilia on the walls — a lot of it signed. Some of the groups honored — many Minnesotans — were Raggs, the Hoop Snakes, Mary Jane Alm, Joe Juliano, Bob Dylan, and Johnny Lang, who used to show up to jam when he was in town.

On to the food: Appetizers include cheese curds, nachos, and a veggie plate. A MMC Sampler Platter includes chicken tenders, wings, onion rings, egg rolls, and sweet potato fries. There were MMC specials, such as jazz jerked chicken skewers and Flat Earth battered mushrooms — using our local East Side craft beer. Philly sandwiches, a beef taco basket, walleye and fries

and BLTs are all on the dinner menu. The happy hour menu, served from 4:00 p.m. to 7:00 p.m. is limited. It contained a cod basket, chips and fries, a basket of boneless wings, a French fry basket, and a few other bar food items. I settled on a quarter pound burger with extra onions and fries. Since it was happy hour, I got my second MGD free. On my way out I noticed an



Steve Trimble

Original Blues Brothers cutouts near the entrance of the Minnesota Music Cafe.

area with tee shirts, books, and assorted music CDs for sale. They have a nice patio that is heated during the winter.

The structure has seen a lot of owners. It was Gentile's, where Vic Tedesco first played his saxophone. Then it was Flaherty's which had pizzas and an indoor volleyball court. In December of 1997, the MMC was established to honor Minnesota musicians. Karen Palm, an East Sider, was there from the beginning and is still an owner. Because of the bands, the re are cover charges on some nights. There is plenty of parking in back and across the street.

Two little Cornhuskers...



Several readers sent us pictures of themselves reading our newspaper on their travels. If you'd like to do the same, please email photos to editor@daytonsbuff.org.

Above: Two young Nebraska fans holding the Dayton's Bluff paper at the Haworth Park, Bellevue, NE. Maverick Kidd (left) and Madelyn Kidd (right) are the grandchildren of Quintin and Robyn Koger Kidd.



Like Dayton's Bluff District Forum on Facebook!

Many thanks to our 2015 donors:

- Dennis & Gail Alexander
- Don & Penny Anderson
- Marge Bleakmore
- Ken & Bernadette Clevenger
- Mary Ann Cogelow
- Greg Cosimini
- Karin DuPaul
- Patricia Gangl
- Sarah Geving
- Judy Gustafson
- Kathleen M Hale
- Bob Jenson
- Bette Johnson
- Brent Katzenmaier
- Gail & Wayne Lundeen
- Joyce Maddox
- Larry Meuwissen
- Amber Manthey
- Daniel McGuines
- Charissa & David Osborn
- Dr. Stefan Pomrenke
- Rev. Lee Ann Pomrenke
- Krisi Poupore
- Jane Prince
- Carla Riehle
- Sarah Ryan
- Kirstin Scanlan
- Ramona Shafer
- John Sherman
- Beth & John Trend
- Steve Trimble
- Eric Zidlickey

Friends of the Forum

Dear Reader,

The Dayton's Bluff District Forum has been a volunteer-run newspaper since the 1970s, and has always operated on a minimal budget.

For the past two years we have been soliciting donations through our *Friends of the Forum* program. Thanks to the donations of readers like you, we have been able to keep the paper up and running. If you value this community source of information, please consider filling out the form at right. Any amount is appreciated; you may also make memorial donations, or include the *Forum* in your legacy planning. If you have been our *Friend* in the past, please renew your membership with a donation in 2015. **Our goal for the year is \$2,000; as of this printing we have raised \$1,522.83. Won't you help us?**

Sincerely,
 The Dayton's Bluff District Forum

Board: Greg Cosimini, Karin DuPaul, Jennifer Herman, Sage Holben, Carla Riehle, Steve Trimble

Editor: Jennifer Gascoigne

Editorial Associate: Mark Gallagher

Yes, I will become a Friend of the Forum.

My tax-deductible check is enclosed, for:

\$100 \$50 \$25 Other _____

Or give online: razoo.com/Hopewell-Communications-Incorporated.

Name _____

Email _____

Address _____

City, State, ZIP _____

Phone _____

Make checks out to *Dayton's Bluff District Forum* and mail to 804 Margaret Street, St. Paul, MN 55106.

For more information, contact 651-776-0550 or editor@daytonsbuff.org.