

# Dayton's Bluff District Forum

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June 2013  
[www.daytonsbuff.org](http://www.daytonsbuff.org)

"The Voice of the Community"

## Spring love on the Bluff



Photo by Doug Champeau

It was a long and painful wait, but spring has finally arrived on the Bluff. Above: Indian Mounds Park provides a beautiful vista on a warm April evening.

## Police plan for a safe, peaceful summer

Forum staff

On Tuesday, May 7, the East Side Safe Summer Initiative was unveiled to the community at the Dayton's Bluff Recreation Center. Over 100 people of all ages attended the event that included introduction to the initiative and dinner. The initiative is a collaboration between many organizations and government departments, which includes the St. Paul Police Department, Ramsey County Sheriff, the City and County Attorney's offices, and St. Paul Youth Services, to name a few.

The initiative will work to fast-track youth who are in trouble for things like curfew viol-

ation, graffiti and other crimes. The goal is to help the youth and their families find the services and opportunities that they need to help the young people succeed. This program should benefit everyone by making this a peaceful summer in our neighborhoods.

In St. Paul, the curfew law is as follows: age 15 or younger must be home by 10:00 pm every day, unless out with a parent. Teens ages 16 and 17 must be home by 12:00 midnight, unless out with a parent. The police will pick up juveniles and ticket them if they violate curfew.

For more information on crime prevention in Dayton's Bluff, contact Karin at [karin@daytonsbuff.org](mailto:karin@daytonsbuff.org) or 651-772-2075.

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Community Council  
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## Coming soon:

### Fourth annual Art in the Hollow

Forum staff

Art in the Hollow, the popular art fest in beautiful Swede Hollow Park, will take place on Saturday, June 1, from 10:00 am to 5:00 pm. There are still some slots available for artists, artisans, and performers, and there is plenty of space for the public, for whom the event is still FREE.

The main requirement for sale items is that they must be the work of the person selling them. Though ethnic art is especially welcome, no "Made in Taiwan" or other labels will be allowed. Ethnic diversity in performing arts, also, is encouraged. Previous art fests have included singers, dancers, and instrumentalists – solo or in groups – representing many cultures. And there will again be an emphasis on Swede Hollow's colorful history: the days when various immigrant groups called the place home.

People may purchase food and drinks at the art fest, or they may choose to bring their own lunches. There are no picnic tables in the woodsy, natural Swede Hollow Park, but an old-fashioned picnic in the grass could be a family adventure.

Speaking of families, the

event will once again include children's art activities. Making bird feeders out of pine cones and peanut butter is always fun, with the kids licking their fingers and smiling as they walk away swinging their new creations.

There will again be parrot paintings for sale. Not paintings of parrots; paintings *by* parrots! The painting parrots who reside at The Landing, an East Side shelter for neglected and abused parrots, have been working hard to get ready for the big sale, grasping their pointy little brushes in their beaks or toes and splashing bright colors onto canvases. The more paintings they sell, the more treats and toys and parrot swings their keepers can buy for them.

Though vehicles are not usually allowed in the park, a couple of special vehicles and volunteer drivers will again be available to transport artists and their supplies into the deep, lush Hollow. There will be extra assistance for artists with disabilities.

For more information, call Friends of Swede Hollow president Karin DuPaul at 651-776-0550 or visit [www.artinthehollow.org](http://www.artinthehollow.org). Be sure to circle June 1 on your calendar in purple ink!



## Don't miss St. Paul's Better Block June 8, 3:00-8:00 pm

On Saturday, June 8, from 3:00-8:00 pm at the intersection of Margaret and East 7<sup>th</sup> Streets in Dayton's Bluff, experience the transformation of a familiar block! Come explore new "pop-up" businesses, enjoy a redesigned street, and interact with friends and neighbors. Bring your family, your bicycles and your enthusiasm. This is a one-day event that kicks off a number of others this summer. We invite you to be part of the action! Please see our ad on page 3 of this paper.

**Friends of Swede Hollow**

The next monthly meeting is on **Wednesday, June 12, at 6:30 pm.** Email [swedehollow@gmail.com](mailto:swedehollow@gmail.com) or call 651-776-0550 for more information and the meeting's location.

**Donate your junk car**

Budget Towing of Minnesota will remove your junker at no charge. The vehicle owner receives a tax deduction; the Dayton's Bluff Community Council gets a donation. Call 651-772-2075 or email [karin@daytontbluff.org](mailto:karin@daytontbluff.org).

**Meet the police**

The Eastern District Police hosts monthly community meetings at 722 Payne Avenue, at the corner of Minnehaha Avenue. The next meetings are **Wednesday, June 19, at 6:30 pm, and Friday, June 21, at 9:30 am.** The meetings are intended to listen to and address concerns about crime and other issues on the East Side.

**Community meeting**

Police-Civilian Internal Affairs Review Commission (PCIARC) is coming to the next Dayton's Bluff community meeting, **Thursday, June 6, 6:30-8:00 pm** at the Dayton's Bluff Community Council office, 798 East 7<sup>th</sup> Street.

PCIARC hopes to acquaint residents with the policies that address concerns of inappropriate procedures or actions by members of the St. Paul Police Department. Neighbors can meet their representatives and voice concerns. Contact [karin@daytontbluff.org](mailto:karin@daytontbluff.org) or 651-772-2075 for more information.

**Take-a-Hike June 1**

Take-a-Hike occurs on the first Saturday of most months. The next hike will be **Saturday, June 1.** Hikers meet at **10:30 am** in Indian Mounds Park at Earl Street and Mounds Boulevard, and walk to East Side Heritage Park. The hike is about two hours (four miles) with some moderately rough terrain. Enjoy lively conversation including stories about the history of the area. Return transportation is available, if required. All are welcome.

**Join STOMP:  
STewards Of Margaret Park**

This group is open to anyone committed to taking an active role in ensuring that Margaret Park remains a safe and beautiful green space with recreational activities for everyone.

Visit us on Facebook for the latest updates and announcements, or to ask questions or share your thoughts. Or visit [www.facebook.com/stomppmn](http://www.facebook.com/stomppmn).

**Small business classes**

Interested in participating in the Dayton's Bluff Neighborhood Microentrepreneur Program? The next class will begin in September 2013. The program helps start-up and young businesses; all East Side entrepreneurs are welcome. Classroom training lasts eight weeks and includes topics such as operations management, marketing, financial management, how to create a successful business, and how to prepare a business plan. In addition, each student will have eight hours of one-on-one time with the instructor to work on individual business concepts. Those who successfully

complete the course and locate their businesses in target neighborhoods are eligible for ongoing business support services. Class size is limited. For an application for the fall session, contact [karin@daytontbluff.org](mailto:karin@daytontbluff.org) or 651-772-2075.

**National Night Out  
less than 3 months away**

If you do not have a National Night Out (NNO) event in your area, would you like to host one in your neighborhood? NNO is the one time during the year that you can have a street closed off for an event for free.

National Night Out is Tuesday, August 6 of this year.

To help prepare for NNO, you can attend the citywide National Night Out Kickoff Picnic held on **Wednesday, June 5** at the Phalen Park Picnic Pavilion at 1600 Phalen Drive, from **6:00 to 7:30 pm.**

Police Chief Tom Smith will be on hand, as well as the police K-9 Unit, Mounted Patrol, and the Fire Department. Come early for hot dogs, chips, cookies and beverages. You can register your NNO event, request police, get the permit to close the street and meet others who are planning NNO events. There are also many door prizes. Email [karin@daytontbluff.org](mailto:karin@daytontbluff.org) or call 651-772-2075 for more information.

**What is National Night Out?**

2013 will be the 30<sup>th</sup> annual National Night Out. Every year it is celebrated on the first Tuesday in August all over the country. NNO is designed to connect neighbors, generate support for – and participation in – local crime-prevention programs, strengthen neighborhood spirit and police-community partnerships, and send a message to criminals,

letting them know that neighbors are organized and fighting back. Over 30 million people in more than 9,000 communities nationwide participate in a variety of events and activities celebrating National Night Out. Neighbors spend the evening getting to know each other. Each year, families, neighbors, neighborhood groups, churches and block clubs host events.

Ideas for gatherings include a neighborhood barbecue, neighborhood garden tour, fish fry, bands playing music, games for kids, a softball game – or anything else you can imagine for your community.

**The Forum needs YOU  
for a Friend**

The *District Forum* newspaper is a nonprofit operation that mails out a free valuable community resource to every address in Dayton's Bluff. Please contribute to the paper at [givemnrazoo.com](http://givemnrazoo.com) under "Hopewell Communications."

Become a *Friend of the Forum* today by donating any amount online, or use the form on page 8 of this paper. Need more information? Email [editor@daytontbluff.org](mailto:editor@daytontbluff.org).

For an idea of how much an issue of the *Dayton's Bluff District Forum* costs, each issue requires many volunteer hours put in by neighbors writing, taking photos, and editing. The cost of printing each issue is around \$960.00 per black and white issue, and \$250.00 for editing and layout. Our ad base has fallen off over the years.

Because the *Forum* is a registered 501(c)(3) organization, your donation also gives you the opportunity for a tax deduction. See page 8 and become a *Friend of the Forum* today!

**Upcoming opportunities at Dayton's Bluff Recreation Center****● Open gyms:**

- 5<sup>th</sup> grade & under: Mondays, 6:00-7:00 pm
- 6<sup>th</sup>-8<sup>th</sup> grades: Mondays, 7:00-7:45 pm; Tuesdays, 6:00-7:45 pm
- 9<sup>th</sup> grade & older: Thursdays, 6:00-7:45 pm

**● Parent & Tot Time:** Wednesdays and Fridays, 10:00 am – 12:00 noon.**● Teen room now open!****● Seniors card playing, every Friday 12:00 noon-4:00 pm.****● Free Arts:**  
Thursdays from 6:00-7:00 pm in the craft room.**● Summer Blast** for grades 1-5, Mondays through Thursdays, June 17 – August 22, 12:00-5:00 pm. Forms must be picked up and submitted to Dayton's Bluff Rec Center.**● Free Zumba!**  
Thursdays, 5:30-6:30 pm in the dance room.**● Summit University Teen Center** is holding an **"Adolescent Pregnancy Prevention Program"** for boys and girls ages 13-19 every Thursday from 4:30-6:30 pm. For more info call Dorian or Twowana at 651-644-3311.**● Girls group:**  
Thursdays 6:15-7:15 pm, ages 12-16.

**The Dayton's Bluff Rec Center is located at 800 Conway Street.**

**Stop by and check us out!**

**Upcoming opportunities in Dayton's Bluff****Annual powwow at American Indian Magnet School**

For the 21<sup>st</sup> year, the American Indian Magnet School at 1075 East 3<sup>rd</sup> Street will be holding a traditional powwow on **Friday, May 31**. Grand entries are scheduled for 1:45 and 6:30 pm, with a feast at 5:30 pm.

The Master of Ceremonies will be Jerry Dearly. In case of rain, the ceremony will be held indoors. The powwow is sponsored by the American Indian Magnet School families and staff, AIMS PTO, Shakopee Mdewakanton Sioux Community, St. Paul Indian Education, and the American Indian Studies Collaborative.

**Soccer or futbol – fun for all**

If you're looking for a fun, cooperative (rather than

competitive) sport, come try out the soccer/futbol at the East Side YMCA on Arcade. It's completely FREE! Started late last year, it takes place **every Sunday from 5:30 to 8:00 pm** at 874 Arcade Street – across from Rainbow Foods.

Even if you are a beginner, you are welcome to come. Everyone is welcome to be part of the weekly event. Any age, any ethnicity, any gender – all will be welcomed.

It is a bit different from the usual American team soccer. Here, there are people who make sure everyone plays, by shuttling people in and out of games – like the way everyone gets to take part of family events at a reunion, or a day at the beach.

You don't have to make reservations – just walk in and ask people at the desk where the soccer/futbol is being held.

And, to remind you again – it's free and open to the public. If you are not very familiar with what is going on, people there will be glad to explain the rules and show different ways of kicking the ball.

It's fun and it's FREE! See you there.

**Will we hear drumbeats on the Bluff?**

Do you play drums, or know local people who do? If so, The Arts and Culture Committee of the Dayton's Bluff Community Council wants to hear from you.

They are hoping to have a multi-cultural drumming event in late September in a Dayton's Bluff location.

The idea is having people or groups who enjoy performing on African drums, American Indian drums, Irish drums, Hmong drums, Karen brass drums, Aztec style Latino drums, classical timpani kettle drums, Japanese taiko drums, jazz drums, elementary school group drum groups perhaps even a small drum and bugle corps, to name a few.

So if you are a drummer and might be interested in playing, or if you can suggest someone who could be contacted, the groups wants to hear from you. Or, if you would be willing to be part of a group that will be planning the event, help see that the beat goes on. For more information, please contact Sage Holben at 651-528-0662 or Tabitha Derango at tabitha@daytonsbuff.org.

**June 8th, 2013**

**The Better Block Project**

**Block**

@ East 7th Street  
b/w E. Margaret and Arcade Streets

E. 7th Street  
E. Margaret Street  
Arcade Street

**The City of Saint Paul Presents: The Better Block Project**

The Saint Paul Better Block will happen on June 8th from 3pm to 8pm on East 7th Street @ Margaret and Arcade Streets. The Better Block builds on the "Make it Happen" initiatives of the Dayton's Bluff Community Council and will illustrate the City of Saint Paul's Street Design Manual by temporarily transforming the block into a complete street, with walkable and bikeable amenities and a local market. Free fun for all ages!

<http://saintpaul.teambetterblock.com>

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**June at the Mounds Theatre**

by Raeann Ruth, Executive Director,  
Historic Mounds Theatre

**DON'T SHOOT THE MASSEUSE**

Written, produced and performed by local artists, *Don't Shoot the Masseuse* is a throw-back farce in two acts, propelled by romance, misadventure and a healthy dose of innuendo.

Rex, a baseball player moping his way through a charity ball after a break-up with his glamorous girlfriend, could use a friend. He finds one – and maybe more – in Lucy, a sweet, sensible masseuse with a penchant for solving problems.

Before they solve anything, though, they'll have to deal with the morally ambivalent schemes of Rex's best friend, a pair of overzealous federal agents convinced the ballplayer is on the wrong side of the Red Scare, and a former lover who winds up coming too close for comfort. Come see it. You'll like it.

June 13: Free preview for senior citizens  
June 14, 15, 21, 22: 8:00 pm

June 16: 2:00 pm

All tickets: \$10 suggested donation at the door. Please visit the show website to book tickets: [www.dontshootthemasseuse.com](http://www.dontshootthemasseuse.com).

**DRINKING HABITS**

Bulldog Community Theatre will be presenting the play *Drinking Habits* by Tom Smith at the Historic Mounds Theatre June 28–30.

June 28 & 29: 7:30 pm

Sunday, June 30: 2:00 pm

Tickets: \$8 kids and seniors; \$12 adults.

The Bulldog Community Theatre (BCT) formed in the spring of 2010 from the remnants of the drama department of the late St. Bernard's High School of Rice Street. Knowing the school was soon to be no more, and having experienced the amazingly close-knit community of the theatre, a group formed to maintain that connection. The BCT is now made of many members, some who have no original connection with St. Bernard's school. New members are always welcome.

For performance information and tickets, visit [www.bulldogcommunitytheatre.org](http://www.bulldogcommunitytheatre.org).

The Historic Mounds Theatre is located at 1029 Hudson Road, Saint Paul, MN 55106 [www.moundstheatre.org](http://www.moundstheatre.org).



**FOOD ~ ENTERTAINMENT ~ FUN**  
**Wednesday, June 12, 2013**  
**5:30 pm**  
**Indian Mounds Regional Park (Earl St. & Mounds Blvd)**

Please join us for a free dinner in the park. We'll be grilling burgers and hotdogs so come hungry! Bring a blanket ~ following dinner, plan to stay for some great music. We'll be playing some of your favorites and even invite you to join in.



**Mounds Park United Methodist Church**

1049 Euclid St (at Earl St) 651-774-8736 www.moundsparkumc.org

**Every Sunday at MPUMC:**

10:30 am: Sunday Service; 11:30 am: Coffee, juice and treats

**Sunday, June 2:** 4:00-5:30 pm Kids/Family Club and Youth (7<sup>th</sup> - 12<sup>th</sup>-graders) Outing

**June 10-14 (Monday-Friday):** Urban CROSS neighborhood service opportunity. It may not be too late to submit your work project assistance request. See our website for the form: [www.moundsparkumc.org/WorkRequestForm.pdf](http://www.moundsparkumc.org/WorkRequestForm.pdf). For more information about Urban CROSS, visit [www.moundsparkumc.org/urbancross.html](http://www.moundsparkumc.org/urbancross.html).

**Wednesday, June 12:** Community BBQ and concert hosted by Urban CROSS at Indian Mounds Regional Park (see notice above). Hot dogs and hamburgers, drinks, sides and dessert provided, as well as music by United Methodist Church of the Resurrection (Kansas City) Youth Orchestra and Hand Bell Choir. Dinner at 5:30 pm, with the concert following. Bring your blanket or lawn chairs, family and neighbors.

**Saturday, June 15:** Glorious Grocery Giveaway 10:30 am. Free bag of groceries to all.



Photo courtesy of Dayton's Bluff Seniors

**Who put the fun in fundraiser?**  
**Dayton's Bluff Seniors!**

by Rhonda Battisto  
*Executive Director, DBS*

On Saturday, May 4, a benefit for Dayton's Bluff Seniors Living at Home Block Nurse Program (DBS) was held at First Lutheran Church. DBS builds a circle of care around the elders in Dayton's Bluff to live safe and independent in their own homes. We also work to prevent falls and support people who are caring for seniors.

Our second annual signature spaghetti dinner was served to well over 100 community members and volunteers, while local artists played music. Andrea Sullivan played her harp as our evening began, and then members of "Trout in the Milk," a traditional Irish ensemble, played for a happy crowd while they enjoyed a delicious meal in good company. A large silent auction and small live auction brought lively bidding competitions – all for the good of our seniors.

The largest auction item was donated by DBS volunteer driver – and former Winter Carnival King Boreas – Les Malmquist. The seven-night vacation resort accommodations went to highest bidder, First Lutheran Church's own Pastor Chris Berthelson. Pastor Chris is contemplating her next trip with a sparkle in her eyes!

Our dedicated healing volunteer Kat Hixon-Smith provided relaxation in the form of chair massages, donating all of her tips and a pair of one-hour massage certificates to the event auction.

The evening was guided by our inspiring emcee, East Side resident Jaime Hansen. Security and levity were provided by retired officers Tim Bradley and Paul Johnson, who dressed in period police uni-

forms and posed for photos with event participants.

Many dedicated DBS volunteers – nurses, board members, financial advisors, healers and our graphic designer – were in attendance and/or donated auction items, helping to make this event about 50% more financially successful than our first spaghetti dinner event last year.

We count on you to support our work in Dayton's Bluff. DBS – and all who benefit from the work we do – are grateful for all of our volunteers and community members who made donations, helped with and attended the event. We are especially grateful for the ongoing support we receive from First Lutheran Church, who donated foods and provides our office/meeting/event space and a beautifully intentional community, where all are truly welcome.

The event may be over, but it's not too late to make a difference! You can become a valued DBS volunteer. Please check out opportunities at [www.daytonsbuffseniors.org](http://www.daytonsbuffseniors.org) or make a tax-deductible donation online or by mail. It's imperative to have community support as we serve the needs of our elders. Please call if you have questions, need services in Dayton's Bluff, or know an elder who does. 651-776-7210 ext. 303. Tax-deductible donations can be mailed to: Dayton's Bluff Seniors c/o FLC, 463 Maria Avenue, St. Paul, MN 55106.

**MOUNDS PARK BARBER STYLISTS**



APPOINTMENTS AVAILABLE  
 TUESDAY THRU SATURDAY

1043 HUDSON ROAD  
 SAINT PAUL, MN 55106

*Judy Lee*

**Dayton's Bluff District Forum**

798 East 7<sup>th</sup> Street, St. Paul, MN 55106

Phone: 651-772-2075 Fax: 651-774-3510 E-mail: [editor@daytonsbuff.org](mailto:editor@daytonsbuff.org)

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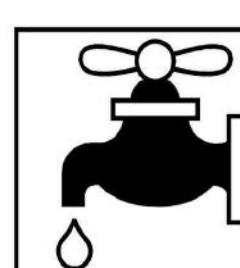
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Board of Directors: Greg Cosimini, Karin DuPaul, Carla Riehle, Steve Trimble

Editor/Layout: Meg Gronau

Editorial Assistants: Mark Gallagher, Danny Evans

Next issue: July 2013. Deadline for material: June 10, 2013.



**Fix up your home now!**

We are a non-profit agency eager to help you accomplish your home repairs using the latest green rehab techniques that may lower your energy costs.

There is no cost assistance for eligible homebuyers. We offer payback loans with low interest rates (**1-3%**) and special programs that do not require payments. Call 651.774.6995 to see if you qualify.

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Dayton's Bluff Neighborhood Housing Services  
 823 7th Street East  
 St. Paul, MN 55106  
 651.774.6995-office  
[www.dbnhs.org](http://www.dbnhs.org)



## *Science is sweet for this Bluff resident*



Photo courtesy of Ashlee Olds

Dayton's Bluff resident Ashlee Olds, proprietor of Sweet Science Ice Cream, receives her plaque at the 2013 Entrepreneur Awards. Ashlee graduated from the Neighborhood Development Center's (NDC) Dayton's Bluff Entrepreneur class. Pictured above, left to right: Steve Gibson, NDC Board Chair; Vivienne Williamson, NDC Board Vice Chair; Mihailo Temali, President & Chief Executive Officer; and Olds. Olds starts with locally-sourced natural and organic ingredients; customers say hers are the most decadent ice creams in town. For more information, visit [www.sweetscienceicecream.com](http://www.sweetscienceicecream.com).

### **Worth the wait**

It's food truck season! This taco truck, pictured at right, can be found near the corner of White Bear Avenue and 3<sup>rd</sup> Street East, between Red Savoy and Jimmy's Food Mart, every day from 2:00-10:00 pm. Several varieties of delicious, authentic pupusas and tacos are available for \$2 each (cash only). Call 651-200-8096 to order ahead.

Photo by Forum staff



## **Dayton's Bluff-based YAI presents *Hairspray***

*from a YAI release*

Young Artists Initiative (YAI) is back with the second play of their tenth-anniversary Season.

*Hairspray*, winner of 8 Tony Awards including Best Musical, is a family-friendly musical written by Mark O'Donnell and Thomas Meehan, with music by Marc Shaiman, and lyrics by Scott Wittman and Marc Shaiman.

This production features an all-youth cast and crew of more than 30 young artists from around the Twin Cities, and is directed by Krystle Igbo-Ogbonna, Miss Black Minnesota USA 2013. Igbo-Ogbonna's vision is to portray the hope and optimism during the early '60s that emerged during a time of social reform and desegregation.

Jeff Moses is stage manager, sets are by veteran YAI designer Ursula Bowden, musical direction by James Lekatz, choreography by Anna Hickey, lighting designed by Matthew McNabb, and costumes by Clara Cavins-Wolford.

YAI is a performing arts organization based on St. Paul's East Side that provides access to high quality arts programming, teaching and developing young artists in our community.

We encourage youth to perform and achieve at the highest possible level; to learn, grow, exceed expectations. We empower youth to increase their confidence, learn about their creative potential, and exceed their own and our audiences' expectations for artistic achievement. We honor every young person for who he/she is. We work as a community with shared values, and we build bridges between and among diverse communities in the Twin Cities metropolitan area.

Friday, June 14 at 7:30 pm

Saturday, June 15 at 2:00 pm ("Pay-what-you-can" performance) and 7:30 pm

Sunday, June 16 at 2:00 pm

Wednesday, June 19 at 7:30 pm

Thursday, June 20 at 7:30 pm (ASL-interpreted performance)

Friday, June 21 at 7:30 pm

Saturday, June 22 at 2:00 pm and 7:30 pm

Sunday, June 23 at 2:00 pm

The Performance Space at Wellstone Center

179 Robie Street East, Saint Paul, MN 55107-2360

Tickets are \$10.00 for adults, \$8.00 for seniors/students.

Tickets can be purchased online [www.youngartistsmn.org](http://www.youngartistsmn.org) or at the performance. All seating is general admission.

## **St. Paul City Council President Kathy Lantry wishes the people of Dayton's Bluff a happy and safe summer!**



Some family-friendly ideas for local fun in June:

### **Art in the Hollow, performing & visual art fest**

Saturday, June 1, 10:00 am to 5:00 pm in Swede Hollow Park

Enter through the Drewry tunnel, one block south east of Payne and Minnehaha Avenues.

### **Better Block Project**

Saturday, June 8, 3:00 to 8:00 pm on East 7<sup>th</sup> Street from Arcade to Margaret Streets

Come and see what the streets could be!

### **Market on the Bluff**

Every Thursday, June 13 - August 15, 4:30 to 7:30 pm, on Margaret Street from East 7<sup>th</sup> to Arcade Streets

Fresh produce, crafts, food music, and kids' activities.

*Have a lovely Summer!*

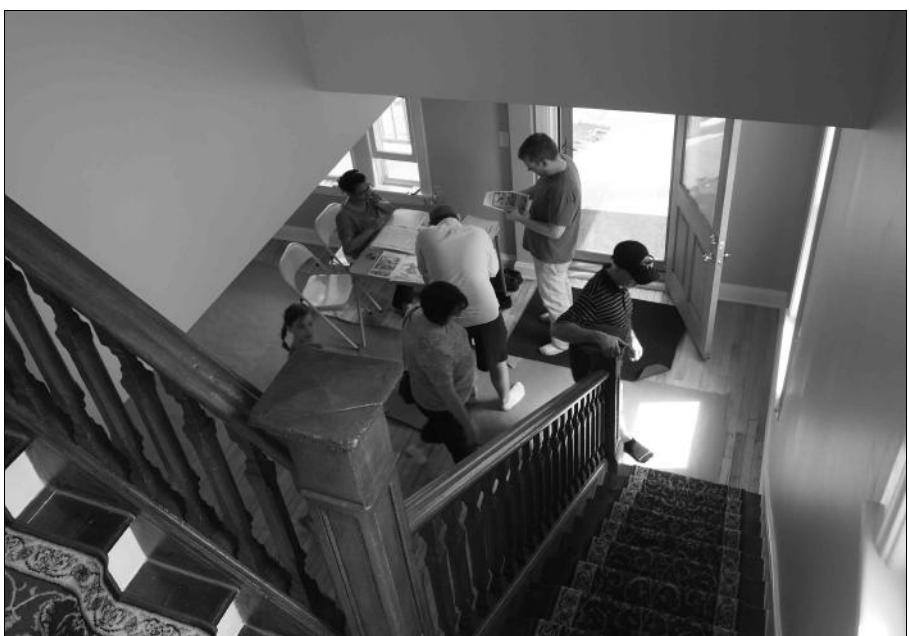


Photo by Margo Ashmore

Nicole Norfleet greets visitors at 693 East 4<sup>th</sup> Street during the Minneapolis/St. Paul Home Tour in April.

### Minneapolis/St. Paul Home Tour

Hundreds of people toured eight homes in Dayton's Bluff on April 27 and 28. Visitors included Dayton's Bluff residents, as well as people from all over the Metro area and beyond. Many visitors come back to Dayton's Bluff every year to see our wonderful homes and visit with Dayton's Bluff residents.

The tour featured a variety of house sizes and styles. Visitors admired beautiful woodwork, large-scale home restorations, and beautiful new kitchens, among other new and period features.

Marpe Development had two homes on the tour that have been beautifully restored and are all ready for new owners. Two beautiful homes in the East 4<sup>th</sup> Street Preservation Project were also featured. Some homes had over 475 visitors during the tour.

Thirty-nine volunteers helped make the tour run smoothly; special thanks goes out to those volunteers – some who return to help every year – and to the home owners who opened their homes for the tour.



Photo by Karin DuPaul

St. Paul's House Detective Jim Sazevich tells visitors about the history of a house.

### Vacant Home Tour a success

On Sunday, May 5, visitors flooded into the Dayton's Bluff Community Council meeting room at 1:00 pm, anxious to see the vacant homes on the tour. The bus was full and off they went to see the homes. Just as they were on the Minneapolis/St. Paul tour, two Marpe Development homes, at 980 Euclid and 1215 Conway, were favorites. Both homes have people very interested in purchasing them. The East 4<sup>th</sup> Street Preservation Project double house at 685-7 East 4<sup>th</sup> Street had one woman come back 3 times to look at it. According to one of the Vacant Building ambassadors, she really wants the house.

The tour included a look at the work being done at 652 Conway, a brick duplex overlooking Mounds Boulevard. It is being renovated by Neighborhood Housing Services and will be a fine home for some lucky renters with children attending Dayton's Bluff Elementary School.

Since May is preservation month and the Dayton's Bluff Historic District is 21 years old, everyone was invited to have a piece of cake and look at photos of houses in the district as part of the celebration.

The Dayton's Bluff Vacant Building Committee's vacant home tours have been very helpful in getting new families into the homes. Thank you to everyone who helped make the Vacant Home Tour a wonderful success. The Vacant Building Committee is looking for new members. If you are interested, email Karin at [karin@daytonsbuff.org](mailto:karin@daytonsbuff.org) or call her at 651-772-2075.



Dr. Kevin Schneider, pictured above at far left, with staff at the Arcade Pain Center, located at 651 Arcade Street in Dayton's Bluff.

### Family chiropractor dreams big

*article and photo by Mark Gallagher  
Forum Editorial Assistant*

The Arcade Pain Center, formerly known as The Arcade Medical Clinic, at 651 Arcade Street, has a brand new tenant. A fire destroyed Dr. Kevin Schneider's chiropractic clinic at 951 Payne Avenue last October, but he decided he wanted to stay in the area. "I really like the area. I see it growing, developing, and see a lot of good, positive changes coming here," he said.

Dr. Schneider has a dream for his clinic to become the "go to" place for chiropractic care, pain management of work injuries and car accidents, weight management, and nutritional and dietary advice for people who want to lose a few pounds. The clinic also offers therapeutic exercise, rehabilitation, and massage therapy.

Working with Dr. Schneider is Mike Slobasky, DO (Doctor of Osteopathy), whose specialty is pain management. He does procedures such as guided cortisone injections and facet joint blocks. Facet joints are the joints on both sides of the spine, which provide flexibility to the spine and allow a person to bend at the waist. A facet joint block is a procedure whereby an anti-inflammatory is injected into the facet joint or nearby nerves to relieve or block pain. Dr. Slobasky can also prescribe medications to help manage pain.

Before he became Dr. Schneider, Kevin Schneider was an undergraduate in a pre-med program at the University of Minnesota and was planning to go into physical therapy. One day he was meeting with his advisor, who knew of Kevin's background in sports injury, wellness, and desire to help people. His advisor asked him if he knew anything about chiropractic. "No, I don't even know how to spell *chiropractic*," Kevin said. "What is chiropractic?"

Kevin started volunteering at Spine and Sports Chiropractic in Roseville. "I star-

ted to understand chiropractic a little more and liked the idea of potentially being in private practice," he said. "I graduated with a bachelor's degree in Kinesiology (which is the study of muscle movement) and also had a minor in psychology."

After graduating from the University of Minnesota, Kevin worked a couple years as a certified personal trainer and health coach. He did a lot of corporate training, in addition to health coaching, and then enrolled in the chiropractic program at Northwestern College. Kevin became a doctor of chiropractic in April of 2011.

Chiropractic care is based on a hands-on approach, which is what Schneider enjoys most about the chiropractic field. "I see patients come in that are generally very injured after a work injury, a car accident, or something like that," he says. "I usually see them right away, so they are probably at their worst. Then through the progression of the days, the weeks, and the months, it's just fascinating to see how quickly the human body is able to respond, heal, and improve on its own through help from us chiropractors who do it in a natural way."

Dr. Schneider has a wife, Myrika, and a 21 month-old son, Easton, who was adjusted by his father when he was just three hours old. Busy Easton slows down only to get his regular chiropractic adjustments. Dr. Schneider's oldest patient is a 93 year-old woman.

"The metro area is pretty saturated with chiropractors. Per capita, this area has the most chiropractors of anywhere in the world. I don't mind competition; I think competition makes you stronger," Dr. Schneider says. "You have to be better than the next guy on the block."

"Some chiropractors just specialize in one technique, such as the activator method, but I try to help as many people as possible in whatever way necessary. I want to make this clinic into a one stop-shop for all."

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## High-tech Dayton's Bluff history

by Steve Trimble  
Forum historian

I have been asked by Historic St. Paul to provide them with some stories of Dayton's Bluff that will be put into an app (if that is what they are called) so people can download information and photos into their smartphones when they visit our neighborhood.

I thought I'd give you the first look at some of them in our old-fashioned paper media. These two will be found, along with other pieces, under the umbrella headline "Below the Bluff."

### A toast to the Old North Star Brewery

German immigrants were one of the first large groups of immigrants who flooded into St. Paul when Minnesota became a territory in 1849. As it

turned out, they brought with them from the old country a great deal of knowledge of the "inns" and outs of beer-making. St. Paul turned out to be an almost-perfect place for breweries. Before electricity, underground refrigeration was a necessity, and the soft sandstone of the city river bluffs made for easy digging. There also was an abundance of pure water flowing out of artesian wells.

One of the earliest breweries in the Saintly City was the North Star Brewery. It was opened in 1855 by the team of Edward Drewry and George Scotten, Scottish and English immigrants who, unlike the Germans, favored the production of ales. They located their new enterprise below the bluff near Commercial Street and Hudson Avenue. Starting with two 50- by 75-foot buildings and one tiny cave, which they expanded, they eventually had a kiln for drying grain that held 120 bushels, a small malt house and cellars in the limestone cliffs.

As one early writer described it, the ale cellars "are cut into the sand rock from a series of galleries connecting the basements of the several buildings and give a large storage room, with an equitable temperature the year round." Soon they were selling their product as far away as Chicago and Milwaukee.

The history of the brewery is complicated. Starting in 1866, the brewery was sold few times, and the German influence soon predominated, with their preference for making lager beer. It appears that for a short time in the late 1860s it was not operating. When German-born Civil War veteran Reinhold Koch became an owner, he hired Jacob Schmidt, an experienced German brewmeister. Schmidt did such a good job increasing production that, by the 1880s, the North Star Brewery was the second largest brewery west of Chicago, producing at an annual clip of 16,000 barrels.

Schmidt was brought in as a partner, and in 1884 he became the sole owner. He continued to run the successful company below the bluff until 1900, when a major fire destroyed the plant. He then removed the firm to the West End, where the Jacob Schmidt Brewing Company remained for decades. While the North Star Brewery has vanished, people can still see the cave they used, a small remnant of one limestone wall on

the northern section of the park, and recently-added gravel outlines of where the buildings once stood below the bluff.

### There once was a Kaposia village

When the European settlers arrived in the vicinity of St. Paul, the Mdewakanton band of Dakota had already lived here for decades. They called the general area "Imniza-Ska" or "white cliffs," referring to the towering sandstone bluffs.

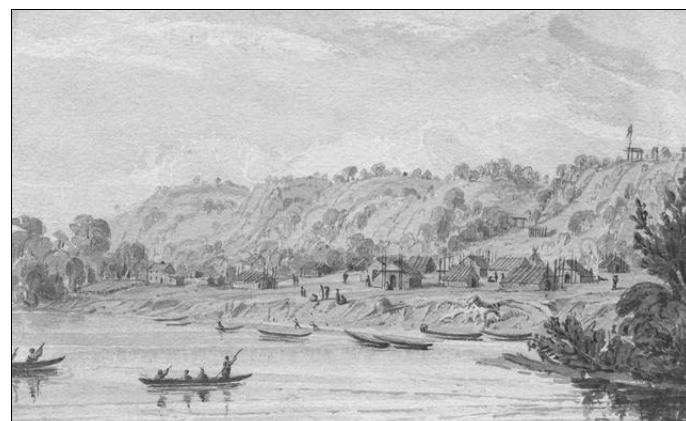


Image courtesy of the Minnesota Historical Society

### The village of Kaposia, at the foot of what would become Dayton's Bluff.

Their village of Kaposia was located below today's Dayton's Bluff. Numbering a few hundred, the people lived among the oak groves on the east bank of the Mississippi River, which they called Wakpa Tanka.

The name Kaposia means "light weight" and is thought to have been a reference to the fact that the Dakota traveled with few possessions. The group had a succession of leaders, all called Little Crow, because their ceremonial garb included the skin and wings of a raven or crow. The most well-known was the Little Crow whose real name was Taoyateduta, or "His Scarlet People."

The village of Kaposia contained frame buildings covered with bark, some of which could house more than two dozen people. Platforms were constructed outside for food drying, storage, and occasional sleeping during the warmer months of the year. Inside, structures were covered by skins or rush mats used for sitting and sleeping.

Dakota life varied with the seasons. In late March, there might be maple sugaring and muskrat hunting, and by May the women would plant corn, pumpkins, squash and beans. The men would fish, clam and trap, sometimes leaving for buffalo hunting further west. Late September was cranberry picking and wild rice-gathering time, followed by winter, a time of indoor work. With the arrival of spring, the cycle began again.

Kaposia was sometimes visited by early explorers and visitors. In 1823, one member of Captain Stephen Long's expedition wrote of the village that he said consisted of 10 or 12 structures, situated at a turn on the river. He said "the houses that we saw...here are formed by upright flattened posts, implanted in the ground, without any intervals...these posts support the roof, which presents a surface of bark. Before and behind each there is a scaffold, used for the purpose of drying maize, pumpkins, etc."

After the 1837 treaty with the Dakota, the United States took possession of Minnesota land east of the Mississippi and Kaposia was relocated across the river near today's South St. Paul. However, the Dakota were still frequent visitors and traders in St. Paul until an 1851 treaty forced them to move westward to a reservation along the Minnesota River.

## View from my porch

by Sage Holben  
Dayton's Bluff Community Council

"Your car frame rusted out and separated from the wheel." I had taken my 1998 Metro LSI to Roy's garage because something didn't feel right with the passenger side front wheel. Too much rust; one too many potholes. Jim Goff had given me the car in 2008 and it's been a trusty little thing, taking me to Door County, Wisc., Negaunee, Mich., Chicago and Iowa to visit family and friends.

It's carried neighborhood boys and bikes to bike shops and to pick up paint for bikes. Always loaded with at least three boxes of donated books, I've made runs to fill Little Free Libraries around St. Paul. It's transported some of the men I've met, who stay at the Dorothy Day Center, to their doctors and has helped them move into their new apartments. It's carried kids to events out of their neighborhood, carried bags of collected winter coats to Gospel Mission, and reusables to the thrift stores.

It's chased down stolen bikes; carried garden supplies, plants, bags and bins of mulch.

Linda Charpentier and I served soup from the little red Metro over the last couple years in the Dorothy Day Center parking lot. My car carried several of my political protest/peace rally signs – you never know when you'll come across an opportunity to make your voice heard, and you want to be prepared!

I've often wondered what my life would be without a car. It's one of those situations that I imagined intellectually, but experiencing it is completely different. Over time, I suppose I would adapt. Never having had a new car, I've never taken for granted the privilege of having a car readily available. I do admit to being car-dependent. I've had many little awakenings since being without a vehicle. The Red Cross called, but I couldn't make my regular platelet donation because of transportation. At 9:30 one night, I couldn't just run out to Rainbow for a missing recipe ingredient.

I've become more aware of Phoenix Market hours...and cost (a can of cat food at Target is 49 cents; at Rainbow it is 59 cents; and at Phoenix it is 99 cents. Little things do matter. If convenience of a nearby 'corner market' becomes a necessity, it'll hurt my pocketbook in a big way. It also limits my fresh food/healthy food access. Ali,

I love that you're in the neighborhood, but it would be like giving up my "brainiac books" (as someone once called my library) for pulp fiction, just because it's all I could get!

I realized I could no longer keep my schedule – like being in Roseville and making it back in 20 minutes for a meeting in Dayton's Bluff. *Let's see, the bus leaves...* I need to pick up super large pieces of cardboard to make templates for a community project, but I have to figure a way to get them home. I can't run errands on my lunch hour or before work.. After work is more likely, but it's not as if I can run to several places while someone else is driving and they have other things to do.

I now see outside of my intellectual sphere why payday stores do well, though I question their ethics. I had a difficult time getting to my credit union and then, only after hours. ATM fees? The more convenient, the higher the fee. Fun stuff? I picked up my bag the other morning to treat myself to breakfast – oops, no car. I know, I know, I've just not yet made the transition that the bus is first on my mind. I recall from when my sons were young how difficult it was to walk nine blocks between home and store with two grocery bags, a six-year-old who wanted to run a block ahead, and a crying two year old who needed to be carried through the Wisconsin snow. Now I'm at an age where my pride doesn't like asking for help and I don't want to be a drag on friends by asking for errand rides (my perception, not theirs).

Assumed rights become a hard-earned privilege when one doesn't have ease in access and availability. Think of carrying several days' worth of fresh food for two very hungry, growing boys; think money exchange/bill paying centers (not everyone has computer access or a stable bank account to pay online); getting to and from community resources and agency appointments. Think recreation with the kids in tow. Think a clinic appointment taking three hours instead of a lunch hour, because taking a bus is involved and then walking several blocks on the bad foot the doctor will look at, tell you to stay off – once you walk back to the bus stop and then walk home, of course.

This is just in my first week. I'm hoping I'll have a car again by the time this is printed. But I do promise, even if/after I get a car again, I'll be a bigger voice for people who lack these conveniences that so many of us take for granted.

### Ever think, "Someone should do something..."?

### You ARE someone...in Dayton's Bluff.

Join us at our Community Council meetings. All are open to the public and held at the Community Council office at 798 East 7<sup>th</sup> Street.

**Board of Directors:**  
3<sup>rd</sup> Monday each month, 7:00 pm

**Land Use Committee:**  
1<sup>st</sup> Monday each month, 7:00 pm

**Equity Committee:**  
1<sup>st</sup> Tuesday each month, 5:00 pm

**Vacant Building Committee:**  
3<sup>rd</sup> Thursday each month, 6:30 pm

**Greenspace Committee:**  
3<sup>rd</sup> Monday each month, 6:00 pm

Ask about our **Marketing, Arts and Cultures, and Outreach Committees**.

Call 651-772-2075 for more information.



Photo courtesy of West Side CHS

### **West Side CHS opens new East Side clinic**

Monday, May 13 was proclaimed East Side Family Clinic Day in St. Paul by Mayor Chris Coleman, at a Grand Opening ceremony at the new Dayton's Bluff clinic, which is part of West Side Community Health Services (WSCHS). The new clinic is located at 890 East 7<sup>th</sup> Street. About 80 community partners, funders, staff and board members attended the event. Above: Jason Fournier, MD, CEO of WSCHS, at left, and Michele L. Van Vranken, MD, spoke at the event. Congresswoman Betty McCollum was also in attendance. West Side CHS was founded on the West Side of St. Paul in 1974. Visit [www.westsidechs.org](http://www.westsidechs.org) for more information. Follow West Side CHS on twitter: @westsidechs

*Witam z Polski!*



Photo courtesy of the Pomrenke family

Dayton's Bluff residents Stefan, Lee Ann and Viktoria Pomrenke were caught reading the *Dayton's Bluff District Forum* in a park in Warsaw, Poland, where they finalized the adoption of little Viktoria in April.

## **Dayton's Bluff District Forum**

798 East 7<sup>th</sup> Street, Saint Paul MN 55106  
Phone 651-772-2075 Fax 651-774-3510

### **YOUR NEIGHBORHOOD NEWSPAPER NEEDS YOUR HELP**

Dear Reader,

The *Dayton's Bluff District Forum* has been around since the late 1970s. It's an all volunteer newspaper that has always operated on a minimal budget, but is now facing the possibility that it won't be able to continue because of economic difficulties.

The large companies in Dayton's Bluff are gone, and most of the small businesses don't have the finances to pay for advertisements.

We have to admit that we can no longer rely on ad income alone, though we will keep trying to increase this revenue source. Grants are hard to get these days.

So we are going to try a new approach. We are trying to get one hundred residents to become *Friends of the Forum* and agree to make annual tax-exempt donations to help the paper continue to mail out neighborhood news on a monthly basis.

If you value having a community source of information, please consider filling out the form below and enclose a check. Any amount would be appreciated.

Thank you,  
*Dayton's Bluff District Forum* Board: Greg Cosimini; Steve Trimble; Carla Riehle; Karin DuPaul  
Editor, Meg Gronau; Editorial Assistants: Mark Gallagher and Danny Evans

**Yes, I will become a *Friend of the Forum*.**

**My tax-deductible check for \$100  \$50  \$25  Other**   
**is enclosed.**

**Or, to give online, go to <http://givemn.razoo.com>, click on "donate" and type in Hopewell Communications.**

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Make check out to Dayton's Bluff District Forum and mail it to the address at the top of the page. For more information, contact Karin at 651-772-2075 or [karin@daytonsbuff.org](mailto:karin@daytonsbuff.org).

## **Friends of the Forum**

### **Thank you!**

*The Dayton's Bluff District Forum* thanks these generous donors who have stepped forward with a monetary gift in support of the Forum.

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*Consider joining them; fill out the form at left.*