Spring love on the Bluff

It was a long and painful wait, but spring has finally arrived on the Bluff. Above: Indian Mounds Park provides a beautiful vista on a warm April evening.

Police plan for a safe, peaceful summer

On Tuesday, May 7, the East Side Safe Summer Initiative was unveiled to the community at the Dayton’s Bluff Recreation Center. Over 100 people of all ages attended the event that included introduction to the initiative and dinner. The initiative is a collaboration between many organizations and government departments, which includes the St. Paul Police Department, Ramsey County Sheriff, the City and County Attorney’s offices, and St. Paul Youth Services, to name a few.

The initiative will work to fast-track youth services and opportunities that they need to help the young people succeed. This program should benefit everyone by making this a peaceful summer in our neighborhoods.

In St. Paul, the curfew law is as follows: age 15 or younger must be home by 10:00 pm every day, unless out with a parent. Teens ages 16 and 17 must be home by 12:00 midnight, unless out with a parent. The police will pick up juveniles and ticket them if they violate curfew.

For more information on crime prevention in Dayton’s Bluff, contact Karin at karin@daytonsbluff.org or 651-772-2075.

Dayton’s Bluff Community Council
798 East 7th Street
St. Paul, MN 55106

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Don’t miss
St. Paul’s Better Block
June 8, 3:00-8:00 pm

On Saturday, June 8, from 3:00-8:00 pm at the intersection of Margaret and East 7th Streets in Dayton’s Bluff, experience the transformation of a familiar block! Come explore new “pop-up” businesses, enjoy a redesigned street, and interact with friends and neighbors. Bring your family, your bicycles and your enthusiasm. This is a one-day event that kicks off a number of others this summer. We invite you to be part of the action! Please see our ad on page 3 of this paper.

Dayton’s Bluff Forum
“The Voice of the Community”
Volume 26, No. 5
June 2013
www.daytonsbluff.org

Coming soon:

Fourth annual Art in the Hollow
Forum staff

Art in the Hollow, the popular art fest in beautiful Swede Hollow Park, will take place on Saturday, June 1, from 10:00 am to 5:00 pm. There are still some slots available for artists, artisans, and performers, and there is plenty of space for the public, for whom the event is still FREE.

The main requirement for sale items is that they must be the work of the person selling them. Though ethnic art is especially welcome, no “Made in Taiwan” or other labels will be allowed. Ethnic diversity in performing arts, also, is encouraged. Previous art fests have included singers, dancers, and instrumentalists—solo or in groups—representing many cultures. And there will again be an emphasis on Swede Hollow’s colorful history: the days when various immigrant groups called the place home.

People may purchase food and drinks at the art fest, or they may choose to bring their own lunches. There are no picnic tables in the woody, natural Swede Hollow Park, but an old-fashioned picnic in the grass could be a family adventure.

Speaking of families, the event will once again include children’s art activities. Making bird feeders out of pine cones and peanut butter is always fun, with the kids kicking their fingers and smiling as they walk away swinging their new creations.

There will again be parrot paintings for sale. Not paintings of parrots; paintings by parrots! The painting parrots who reside at The Landing, an East Side shelter for neglected and abused parrots, have been working hard to get ready for the big sale, grasping their pointy little brushes in their beaks or toes and splashing bright colors onto canvases. The more paintings they sell, the more treats and toys and parrot swings their keepers can buy for them.

Though vehicles are not usually allowed in the park, a couple of special vehicles and volunteer drivers will again be available to transport artists and their supplies into the deep, lush Hollow. There will be extra assistance for artists with disabilities.

For more information, call Friends of Swede Hollow president Karin DuPaul at 651-776-0550 or visit www.artinthehollow.org. Be sure to circle June 1 on your calendar in purple ink!
Friends of Swede Hollow

The next monthly meeting is on Wednesday, June 12, at 6:30 pm. Email swedehollow@gmail.com or call 651-776-0550 for more information and the meeting's location.

Donate your junk car

Budget Towing of Minnesota will remove your junker at no charge. The vehicle owner receives a tax deduction; the Dayton's Bluff Community Council gets a donation. Call 651-772-2075 or email karin@daytonsbluff.org.

Meet the police

The Eastern District Police hosts monthly community meetings at 722 Payne Avenue, at the corner of Minnehaha Avenue. The next meetings are Wednesday, June 19, at 6:30 pm, and Friday, June 21, at 9:30 am. The meetings are intended to listen to and address concerns about crime and other issues on the East Side.

Community meeting

Police-Civilian Internal Affairs Review Commission (PCIARC) is coming to the next Dayton’s Bluff community meeting. Thursday, June 6, 6:30-8:00 pm at the Dayton’s Bluff Community Council office, 798 East 7th Street. PCIARC hopes to acquaint residents with the policies that address concerns of inappropriate procedures or actions by members of the St. Paul Police Department. Neighbors can meet their representatives and voice concerns. Contact karin@daytonsbluff.org or 651-772-2075 for more information.

Take-a-Hike June 1

Take-a-Hike occurs on the first Saturday of most months. The next hike will be Saturday, June 1. Hikers meet at 10:30 am in Indian Mounds Park at Earl Street and Mounds Boulevard, and walk to East Side Heritage Park. The hike is about two hours (four miles) with some moderately rough terrain. Enjoy lively conversation including stories about the history of the area. Return transportation is available, if required. All are welcome.

National Night Out

less than 3 months away

If you do not have a National Night Out (NNO) event in your area, would you like to host one in your neighborhood? NNO is the one time during the year that you can have a street closed off for an event for free. National Night Out is Tuesday, August 6 of this year. To help prepare for NNO, you can attend the citywide National Night Out Kickoff Picnic held on Wednesday, June 5 at the Phalen Park Picnic Pavilion at 1600 Phalen Drive, from 6:00 to 7:30 pm.

Police Chief Tom Smith will be on hand, as well as the police K-9 Unit, Mounted Patrol, and the Fire Department. Come early for hot dogs, chips, cookies and beverages. You can register your NNO event, request police, get the permit to close the street and meet others who are planning NNO events. There are also many door prizes. Email karin@daytonsbluff.org or call 651-772-2075 for more information.

What is National Night Out?

2013 will be the 30th annual National Night Out. Every year it is celebrated on the first Tuesday in August all over the country. NNO is designed to connect neighbors, generate support for – and participation in – local crime-prevention programs, strengthen neighborhood spirit and police-community partnerships, and send a message to criminals, letting them know that neighbors are organized and fighting back. Over 30 million people in more than 9,000 communities nationwide participate in a variety of events and activities celebrating National Night Out. Neighbors spend the evening getting to know each other. Each year, families, neighbors, neighborhood groups, churches and block clubs host events. Ideas for gatherings include a neighborhood barbecue, neighborhood garden tour, fish fry, bands playing music, games for kids, a softball game – or anything else you can imagine for your community.

The Forum needs YOU for a Friend

The District Forum newspaper is a nonprofit operation that mails out a free valuable community resource to every address in Dayton's Bluff. Please contribute to the paper at givememrazoo.com under “Hopewell Communications.”

Become a Friend of the Forum today by donating any amount online, or use the form on page 8 of this paper. Need more information? Email editor@daytonsbluff.org.

For an idea of how much an issue of the Dayton's Bluff District Forum costs, each issue requires many volunteer hours put in by neighbors writing, taking photos, and editing. The cost of printing each issue is around $960.00 per black and white issue, and $250.00 for editing and layout. Our ad base has fallen off over the years. Because the Forum is a registered 501(c)(3) organization, your donation also gives you the opportunity for a tax deduction. See page 8 and become a Friend of the Forum today!

Upcoming opportunities at Dayton’s Bluff Recreation Center

- Teen room now open!
- Free Arts: Thursdays from 6:00-7:00 pm in the craft room.
- Free Zumba! Thursdays, 5:30-6:30 pm in the dance room.
- Girls group: Thursdays 6:15-7:15 pm, ages 12-16.
- Seniors card playing, every Friday 12:00 noon-4:00 pm.
- Summer Blast for grades 1-5. Mondays through Thursdays, June 17 – August 22, 12:00-5:00 pm. Forms must be picked up and submitted to Dayton's Bluff Rec Center.
- Summit University Teen Center is holding an “Adolescent Pregnancy Prevention Program” for boys and girls ages 13-19 every Thursday from 4:30-6:30 pm. For more info call Dorian or Twowana at 651-644-3311.
- Open gyms:
  - 5th grade & under: Mondays, 6:00-7:00 pm
  - 6th-8th grades: Mondays, 7:00-7:45 pm; Tuesdays, 6:00-7:45 pm
  - 9th grade & older: Thursdays, 6:00-7:45 pm
- Parent & Tot Time: Wednesdays and Fridays, 10:00 am – 12:00 noon.

The Dayton’s Bluff Rec Center is located at 800 Conway Street.

Stop by and check us out!
Annual powwow at American Indian Magnet School

For the 21st year, the American Indian Magnet School at 1075 East 3rd Street will be holding a traditional powwow on Friday, May 31. Grand entries are scheduled for 1:45 and 6:30 pm, with a feast at 5:30 pm.

The Master of Ceremonies will be Jerry Dearly. In case of rain, the ceremony will be held indoors. The powwow is sponsored by the American Indian Magnet School families and staff, AIMS PTO, Shakopee Mdewakanton Sioux Community, St. Paul Indian Education, and the American Indian Studies Collaborative.

Soccer or futbol – fun for all

If you’re looking for a fun, cooperative (rather than competitive) sport, come try out the soccer/futbol at the East Side YMCA on Arcade. It’s completely FREE! Started late last year, it takes place every Sunday from 5:30 to 8:00 pm at 874 Arcade Street – across from Rainbow Foods.

Even if you are a beginner, you are welcome to come. Everyone is welcome to be part of the weekly event. Any age, any ethnicity, any gender – all will be welcomed.

It is a bit different from the usual American team soccer. Here, there are people who make sure everyone plays, by shuttling people in and out of games – like the way everyone gets to take part of family events at a reunion, or a day at the beach. You don’t have to make reservations – just walk in and ask people at the desk where the soccer/futbol is being held.

And, to remind you again – it’s free and open to the public. If you are not very familiar with what is going on, people there will be glad to explain the rules and show different ways of kicking the ball. It’s fun and it’s FREE! See you there.

Will we hear drumbeats on the Bluff?

Do you play drums, or know local people who do? If so, The Arts and Culture Committee of the Dayton’s Bluff Community Council wants to hear from you. They are hoping to have a multi-cultural drumming event in late September in a Dayton’s Bluff location.

The idea is having people of different ages, with different backgrounds, performing on African drums, American Indian drums, Irish drums, Hmong drums, Karen brass drums, Aztec style Latino drums, classical timpani kettle drums, Japanese taiko drums, jazz drums, elementary school group drum groups perhaps even a small drum and bugle corps, to name a few.

So if you are a drummer and might be interested in playing, or if you can suggest someone who could be contacted, the groups wants to hear from you. Or, if you would be willing to be part of a group that will be planning the event, help see that the beat goes on. For more information, please contact Sage Holben at 651-528-0662 or Tabitha Derango at tabitha@daytonsbull.org.

June at the Mounds Theatre

by Raeann Ruth, Executive Director, Historic Mounds Theatre

DON’T SHOOT THE MASSEUSE

Written, produced and performed by local artists, Don’t Shoot the Masseuse is a throw-back farce in two acts, propelled by romance, misadventure and a healthy dose of innuendo.

Rex, a baseball player moping his way through a charity ball after a break-up with his glamorous girlfriend, could use a friend. He finds one – and maybe more – in Lucy, a sweet, sensible masseuse with a penchant for solving problems.

Before they solve anything, though, they’ll have to deal with the morally ambivalent schemes of Rex’s best friend, a pair of overzealous federal agents convinced the ballplayer is on the wrong side of the Red Scare, and a former lover who winds up going too close for comfort. Come see it. You’ll like it.

June 13: Free preview for senior citizens
June 14, 15, 21, 22: 8:00 pm
June 16: 2:00 pm
All tickets: $10 suggested donation at the door. Please visit the show website to book tickets: www.dontshootthemasseuse.com.

DRINKING HABITS

Bulldog Community Theatre will be presenting the play Drinking Habits by Tom Smith at the Historic Mounds Theatre June 28–30.

June 28 & 29: 7:30 pm
Sunday, June 30: 2:00 pm
Tickets: $8 kids and seniors; $12 adults.

The Bulldog Community Theatre (BCT) formed in the spring of 2010 from the remnants of the drama department of the late St. Bernard’s High School of Rice Street. Having experienced the amazingly close-knit community of the theatre, a group formed to maintain that connection. The BCT is now made of many members, some who have no original connection with St. Bernard’s school. New members are always welcome.

For performance information and tickets, visit www.bulldogcommunitytheatre.org.

The Historic Mounds Theatre is located at 1029 Hudson Road, Saint Paul, MN 55106. www.moundstheatre.org.
FOOD ~ ENTERTAINMENT ~ FUN

Wednesday, June 12, 2013

5:30 pm
Indian Mounds Regional Park (Earl St. & Mounds Blvd)

Please join us for a free dinner in the park. We’ll be grilling burgers and hotdogs so come hungry! Bring a blanket – following dinner, plan to stay for some great music. We’ll be playing some of your favorites and even invite you to join in.

Mounds Park United Methodist Church
1049 Euclid St (at Earl St)  651-774-8736  www.moundsparkumc.org

Every Sunday at MPMUC: 10:30 am: Sunday Service; 11:30 am: Coffee, juice and treats

Sunday, June 2: 4:00-5:30 pm Kids/Family Club and Youth (7th - 12th graders) Outing

June 10-14 (Monday-Friday): Urban CROSS neighborhood service opportunity. It may not be too late to submit your work project assistance request. See our website for the form: www.moundsparkumc.org/WorkRequestForm.pdf. For more information about Urban CROSS, visit www.moundsparkumc.org/urbancross.html.

Wednesday, June 12: Community BBQ and concert hosted by Urban CROSS at Indian Mounds Regional Park (see notice above). Hot dogs and hamburgers, drinks, sides and dessert provided, as well as music by United Methodist Church of the Resurrection (Kansas City) Youth Orchestra and Hand Bell Choir. Dinner at 5:30 pm, with the concert following. Bring your blanket or lawn chairs, family and neighbors.

Saturday, June 15: Glorious Grocery Giveaway 10:30 am. Free bag of groceries to all.

Celebrating 10 Years
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Dayton’s Bluff District Forum

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Editor/Layout: Meg Gronau

Editorial Assistants: Mark Gallagher, Danny Evans

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Science is sweet for this Bluff resident

Dayton’s Bluff resident Ashlee Olds, proprietor of Sweet Science Ice Cream, receives her plaque at the 2013 Entrepreneur Awards. Ashlee graduated from the Neighborhood Development Center’s (NDC) Dayton’s Bluff Entrepreneur class. Pictured above, left to right: Steve Gibson, NDC Board Chair; Vivienne Williamson, NDC Board Vice Chair; Mihailo Temali, President & Chief Executive Officer; and Olds. Olds starts with locally-sourced natural and organic ingredients; customers say hers are the most decadent ice creams in town. For more information, visit www.sweetscienceicecream.com.

Photo by Forum staff

Dayton’s Bluff-based YAI presents Hairspray

Young Artists Initiative (YAI) is back with the second play of their tenth-anniversary Season. Hairspray, winner of 8 Tony Awards including Best Musical, is a family-friendly musical written by Mark O’Donnel and Thomas Meehan, with music by Marc Shaiman, and lyrics by Scott Wittman and Marc Shaiman.

This production features an all-youth cast and crew of more than 30 young artists from around the Twin Cities, and is directed by Krystle Igbo-Ogbonna, Miss Black Minnesota USA 2013. Igbo-Ogbonna’s vision is to portray the hope and optimism during the early ‘60s that emerged during a time of social reform and desegregation.

Jeff Moses is stage manager, sets are by veteran YAI designer Ursula Bowden, musical direction by James Lekatz, choreography by Anna Hickey, lighting designed by Matthew McNabb, and costumes by Clara Cavins-Wolford.

YAI is a performing arts organization based on St. Paul’s East Side that provides access to high quality arts programming, teaching and developing young artists in our community. We encourage youth to perform and achieve at the highest possible level; to learn, grow, exceed expectations. We empower youth to increase their confidence, learn about their creative potential, and exceed their own and our audiences’ expectations for artistic achievement. We honor every young person for who he/she is. We work as a community with shared values, and we build bridges between and among diverse communities in the Twin Cities metropolitan area.

Friday, June 14 at 7:30 pm
Saturday, June 15 at 2:00 pm (“Pay-what-you-can” performance) and 7:30 pm
Sunday, June 16 at 2:00 pm
Wednesday, June 19 at 7:30 pm
Thursday, June 20 at 7:30 pm (ASL-interpreted performance)
Friday, June 21 at 7:30 pm
Saturday, June 22 at 2:00 pm and 7:30 pm
Sunday, June 23 at 2:00 pm

The Performance Space at Wellstone Center
179 Robie Street East, Saint Paul, MN 55107-2360
Tickets are $10.00 for adults, $8.00 for seniors/students.
Tickets can be purchased online www.youngartistsmn.org or at the performance. All seating is general admission.

St. Paul City Council President Kathy Lantry wishes the people of Dayton’s Bluff a happy and safe summer!

Some family-friendly ideas for local fun in June:

Art in the Hollow, performing & visual art fest
Saturday, June 1, 10:00 am to 5:00 pm in Swede Hollow Park
Enter through the Drewry tunnel, one block south east of Payne and Minnehaha Avenues.

Better Block Project
Saturday, June 8, 3:00 to 8:00 pm on East 7th Street from Arcade to Margaret Streets
Come and see what the streets could be!

Market on the Bluff
Every Thursday, June 13 - August 15, 4:30 to 7:30 pm, on Margaret Street from East 7th to Arcade Streets
Fresh produce, crafts, food music, and kids’ activities.

Have a lovely Summer!

Paid for by the Lantry for Council Volunteer Committee, 25 East Sandra Lee Drive, St. Paul, MN 55119
Vacant Home Tour a success

On Sunday, May 5, visitors flooded into the Dayton’s Bluff Community Council meeting room at 1:00 pm, anxious to see the vacant homes on the tour. The bus was full and off they went to see the homes. Just as they were in the Minneapolis/St. Paul tour, two Marpe Development homes, at 980 Euclid and 1215 Conway, were favorites. Both homes have people very interested in purchasing them. The East 4th Street Preservation Project double house at 685-7 East 4th Street had one woman come back 3 times to look at it. According to one of the Vacant Building ambassadors, she really wants the house.

The tour included a look at the work being done at 652 Conway, a brick duplex overlooking Mounds Boulevard. It is being renovated by Neighborhood Housing Services and will be a fine home for some lucky renters with children attending Dayton’s Bluff Elementary School.

Since May is preservation month and the Dayton’s Bluff Historic District is 21 years old, everyone was invited to have a piece of cake and look at photos of houses in the district as part of the celebration.

The Dayton’s Bluff Vacant Building Committee’s vacant home tours have been very helpful in getting new families into the homes. Thank you to everyone who helped make the Vacant Home Tour a wonderful success. The Vacant Building Committee is looking for new members. If you are interested, email Karin at karin@daytonsbuff.org or call her at 651-772-2075.

Family chiropractor dreams big

The Arcade Pain Center, formerly known as The Arcade Medical Clinic, at 651 Arcade Street, has a brand new tenant. A fire destroyed Dr. Kevin Schneider’s chiropractic clinic at 951 Payne Avenue last October, but he decided he wanted to stay in the area. "I really like the area. I see it growing, developing, and see a lot of good, positive changes coming here," he said.

Dr. Schneider has a dream for his clinic to become the “go to” place for chiropractic care, pain management of work injuries and car accidents, weight management, and nutritional and dietary advice for people who want to lose a few pounds. The clinic also offers therapeutic exercise, rehabilitation, and massage therapy.

Working with Dr. Schneider is Mike Slobskay, DO (Doctor of Osteopathy), whose specialty is pain management. He does procedures such as guided cortisone injections and facet joint blocks. Facet joints are the joints on both sides of the spine, which provide flexibility so the spine and allow a person to bend at the waist. A facet joint block is a procedure whereby an anti-inflammatory is injected into the facet joint or nearby nerves to relieve or block pain. Dr. Slobskay can also prescribe medications to help manage pain.

Before he became Dr. Schneider, Kevin Schneider was an undergraduate in a pre-med program at the University of Minnesota and was planning to go into physical therapy. One day he was meeting with his advisor, who knew of Kevin’s background in sports injury, wellness, and desire to help people. His advisor asked him if he knew anything about chiropractic. "No, I don’t even know how to spell it," Kevin said. "What is chiropractic?"

Kevin started volunteering at Spine and Sports Chiropractic in Roseville. "I started to understand chiropractic a little more and liked the idea of potentially being in private practice," he said. "I graduated with a bachelor’s degree in Kinesiology (which is the study of muscle movement) and also had a minor in psychology."

After graduating from the University of Minnesota, Kevin worked a couple years as a certified personal trainer and health coach. He did a lot of corporate training, in addition to health coaching, and then enrolled in the chiropractic program at Northwestern College. Kevin became a doctor of chiropractic in April of 2011.

Chiropractic care is based on a hands-on approach, which is what Schneider enjoys most about the chiropractic field. “I see patients come in that are generally very injured after a work injury, a car accident, or something like that,” he says. “I usually see them right away, so they are probably at their worst. Then through the progression of the days, the weeks, and the months, it’s just fascinating to see how quickly the human body is able to respond, heal, and improve on its own through the help of chiropractors who do it in a natural way.”

Dr. Schneider has a wife, Myrika, and a 21-month-old son, Easton, who was adopted by his father when he was just three hours old. Buzzy Easton slows down only to get his regular chiropractic adjustments. "I usually see them right away, so they are probably at their worst. Then through the progression of the days, the weeks, and the months, it’s just fascinating to see how quickly the human body is able to respond, heal, and improve on its own through the help of chiropractors who do it in a natural way.”

"The metro area is pretty saturated with chiropractors. Per capita, this area has the most chiropractors of anywhere in the world. I don’t mind competition; I think competition makes you stronger," Dr. Schneider says. "You have to be better than the next guy on the block.

"Some chiropractors just specialize in one technique, such as the activator method, but I try to help as many people as possible in whatever way necessary. I want to make this clinic into a one-stop shop for all.”

Minneapolis/St. Paul Home Tour

Hundreds of people toured eight homes in Dayton’s Bluff on April 27 and 28. Visitors included Dayton’s Bluff residents, as well as people from all over the Metro area and beyond. Many visitors come back to Dayton’s Bluff every year to see our wonderful homes and visit with Dayton’s Bluff residents.

The tour featured a variety of house sizes and styles. Visitors admired beautiful woodwork, large-scale home restorations, and beautiful new kitchens, among other new and period features.

Marpe Development had two homes on the tour that have been beautifully restored and are all ready for new owners. Two beautiful homes in the East 4th Street Preservation Project were also featured. Some homes had over 475 visitors during the tour.

Thirty-nine volunteers helped make the tour run smoothly; special thanks goes out to those volunteers – some who return to help every year – and to the home owners who opened their homes for the tour.

St. Paul’s House Detective Jim Sazevich tells visitors about the history of a house.

Nicole Nordfrost greets visitors at 695 East 4th Street during the Minneapolis/St. Paul Home Tour in April.

Dr. Kevin Schneider, pictured above at far left, with staff at the Arcade Pain Center, located at 651 Arcade Street in Dayton’s Bluff.

Karin at karin@daytonsbluff.org or call her at 651-772-2075.
The village of Kaposia, at the foot of which would become Dayton's Bluff.

Their village of Kaposia was located below today’s Dayton’s Bluff. Numbering a few hundred, the people lived among the oak groves on the east bank of the Mississippi River, which they called Wakpa Tanka.

The name Kaposia means “light of day” and is thought to have been a reference to the fact that the Dakota traveled with few possessions. The group had a succession of leaders, all called Little Crow, because their ceremonial garb included the skin wings of a raven or crow. The most well-known was the Little Crow whose real name was Tazystatudah, or “His Scarlet People.”

The village of Kaposia contained frame buildings covered with bark, some of which could house more than two dozen people. Platforms were constructed outside for food drying, storage, and occasional sleeping during the warmer months. The houses eventually were covered by skins or rush mats used for sitting and sleeping.

Dakota life varied with the seasons. In late March, the women would maple sugar and muskrat hunting, and by May the women would plant corn, pumpkins, squash and beans, providing food for the winter, a time of indoor work. With the arrival of spring, the cycle began again.

Kaposia was sometimes visited by early explorers and traders. In 1825, one member of Captain Stephen Long’s expedition wrote of the village that he said consisted of 10 or 12 structures, situated at a turn on the river. He said “the houses that we saw…here are formed by a series of gallerys connecting the bases of the sandstone cliffs.”

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The village of Kaposia contained frame buildings covered with bark, some of which could house more than two dozen people. Platforms were constructed outside for food drying, storage, and occasional sleeping during the warmer months. The houses eventually were covered by skins or rush mats used for sitting and sleeping.

Dakota life varied with the seasons. In late March, the women would maple sugar and muskrat hunting, and by May the women would plant corn, pumpkins, squash and beans, providing food for the winter, a time of indoor work. With the arrival of spring, the cycle began again.

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Dayton's Bluff District Forum

June 2013

Friends of the Forum

Thank you!
The Dayton's Bluff District Forum thanks these generous donors who have stepped forward with a monetary gift in support of the Forum.

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Consider joining them; fill out the form at left.

Witam z Polski!

Dayton's Bluff residents Stefan, Lee Ann and Viktoria Pomrenke were caught reading the Dayton’s Bluff District Forum in a park in Warsaw, Poland, where they finalized the adoption of little Viktoria in April.

West Side CHS opens new East Side clinic

Monday, May 13 was proclaimed East Side Family Clinic Day in St. Paul by Mayor Chris Coleman, at a Grand Opening ceremony at the new Dayton's Bluff clinic, which is part of West Side Community Health Services (WSCS). The new clinic is located at 890 East 7th Street. About 80 community partners, funders, staff and board members attended the event. Above: Jaeson Fournier, MD, CEO of WSCS, at left, and Michele L. Van Vranken, MD, spoke at the event. Congresswoman Betty McCollum was also in attendance. West Side CHS was founded on the West Side of St. Paul in 1974. Visit www.westsidechs.org for more information. Follow West Side CHS on twitter: @westsidechs

Dayton’s Bluff District Forum

798 East 7th Street, Saint Paul MN 55106
Phone 651-772-2075  Fax 651-774-3510

YOUR NEIGHBORHOOD NEWSPAPER NEEDS YOUR HELP

Dear Reader,

The Dayton’s Bluff District Forum has been around since the late 1970s. It’s an all volunteer newspaper that has always operated on a minimal budget, but is now facing the possibility that it won’t be able to continue because of economic difficulties.

The large companies in Dayton’s Bluff are gone, and most of the small businesses don’t have the finances to pay for advertisements.

We have to admit that we can no longer rely on ad income alone, though we will keep trying to increase this revenue source. Grants are hard to get these days.

So we are going to try a new approach. We are trying to get one hundred residents to become Friends of the Forum and agree to make annual tax-exempt donations to help the paper continue to mail out neighborhood news on a monthly basis.

If you value having a community source of information, please consider filling out the form below and endorse a check. Any amount would be appreciated.

Thank you,
Dayton’s Bluff District Forum Board: Greg Cosimini; Steve Trimble; Carla Riehle; Karin DuPaul
Editor, Meg Gronau; Editorial Assistants: Mark Gallagher and Danny Evans

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<th>Yes, I will become a Friend of the Forum.</th>
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<td>My tax-deductible check for $100 $50 $25 Other is enclosed.</td>
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Or, to give online, go to http://giveMN.razoo.com, click on “donate” and type in Hopewell Communications.

Name_________________________ Email_________________________

Address_______________________ ZIP Phone_____________________

Make check out to Dayton's Bluff District Forum and mail it to the address at the top of the page. For more information, contact Karin at 651-772-2075 or karin@daytonsbuff.org.